



OCEAN PINES MARYLAND

FALL 2024-
WINTER 2025

ACTIVITY GUIDE

We Make Life Fun

New! Youth Martial Arts, Skateboarding Class pg. 5

**New! Disk Golf League, Pilates, Barre & Toning,
Adult Martial Arts, 4 Yoga Classes** pg. 13-15

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Ocean Pines
Recreation & Parks



We Make Life Fun!!!

410.641.7052 OceanPines.org





2024-2025

OCEAN PINES FARMERS & ARTISANS MARKET

Events & Happenings

SATURDAYS IN WHITE HORSE PARK

thru Aug. 31 2024 8am–1pm | Sept. 7, 2024–March 29, 2025 9am–12pm

AUG 31 LABOR DAY WEEKEND MARKET

The marketplace is the perfect place to pick up the ingredients for an end-of-summer cookout.

SEP 21 APPLE HARVEST JAMBOREE

Celebrate the diverse & unique fall offerings of Delmarva & have old-fashioned family country fun.

OCT 19 PUMPKIN FESTIVAL

Enjoy an unforgettable experience of choosing the perfect pumpkin, get lost in our artisan village & enjoy a glass of fresh-pressed apple cider!

OCT 26 HALLOWEEN MARKET

When black cats prowl & pumpkins gleam throughout the marketplace.

NOV 23 THANKSGIVING HARVEST FESTIVAL

All of the best fixings for your Thanksgiving table & home. Food, demos, contests, live music & more.

TUES. NOV 26 THANKSGIVING HARVEST FESTIVAL & TURKEY MARKET (TUESDAY 9-11am)

Come gather the seasonal bounty & bring Thanksgiving to your home from the Ocean Pines marketplace.

NOV 30 SMALL BUSINESS SATURDAY

Visit & shop the many unique marketplace shops, boutiques & galleries for one-of-a-kind gifts.

DEC 7-21 CHRISTMAS TINSEL & TWINE MARKETPLACE

This holiday festival is a month-long event, held from the first Saturday in December through Christmas. Visit & shop the many unique marketplace shops, boutiques & galleries for one-of-a-kind gifts from merchants that are truly glad you came by!

**FOLLOW US ON FACEBOOK & STAY TUNED
FOR OUR UPCOMING MARKET EVENTS FOR 2025!**



239 Ocean Parkway | Ocean Pines, MD 21811 | 410-641-7052 | oceanpines.org

ONE-DAY WORKSHOPS

New! KIDS PAINT NIGHT

Young artists are invited to bring their creativity & come paint their very own masterpiece with instructor Joan Guerriero. All materials & instruction are provided. Pre-registration required. **Children must be accompanied by an adult.**

WHO: Ages 8 & older (Boys & Girls)

WHEN: Wednesdays, SEP 11 • NOV 6 • DEC 4
JAN 22 • FEB 5 • MAR 12

TIME: 5:30pm-6:30pm

WHERE: Foultz Room

INSTRUCTOR: Joan Guerriero

PROGRAM SUPERVISOR: Katie Goetzinger

FEE: \$22/painter

New! ADULT PAINT & SIP

Join Instructor Joan Guerriero as she teaches participants step by step how to create their very own beautiful work of art. Paintings for each class are different. All materials & instruction included. Wine & crackers will also be served. Pre-registration required.

WHO: Adults 18+

WHEN: Wednesdays

SEP 18 • SEP 25 • OCT 2 • NOV 13 • NOV 20 • DEC 11
JAN 8 • JAN 29 • FEB 12 • MAR 26

TIME: 6:00pm-8:00pm

WHERE: Foultz Room

INSTRUCTOR: Joan Guerriero

PROGRAM SUPERVISOR: Katie Goetzinger

FEE: \$27/painter

HALLOWEEN-THEMED TIE DYE T-SHIRT

Psychedelic t-shirt, dude! Bring your creativity & take a trip back to the 60s with us while we learn how to tie dye! Basic tie-dyeing techniques will be taught, including various folding, binding, wrapping & dipping.

WHO: All Ages (Boys & Girls)

WHEN: Sat, OCT 12

TIME:

1:00pm-2:00pm

WHERE:

Foultz Room

PROGRAM SUPERVISOR:

Katie Goetzinger

FEE: \$10/person



Interested in leading a workshop?

If you have a workshop idea that you would like to lead or an idea for one that you would like to attend, please email us. We're always interested in your creative ideas! info@oceanpines.org

New Projects! KIDS CRAFT TIME

Join Ocean Pines for a fun craft with your child! Activities will include a variety of holiday & seasonal crafts. All materials & instruction will be provided. **Space is limited & pre-registration is required. Children must be accompanied by an adult.**

WHO: Ages 4 - 10 (Boys & Girls)

Dates

Projects / Activities

Sat, NOV 16

Pressed leaf dishes

Sat, DEC 14

Oyster shell ornaments

Sat, JAN 11

Customized journals

Sat, FEB 15

Heart dot painting

Sat, MAR 22

Mosaic bean picture frame

Sat, APR 19

Paint with broccoli

TIME: 2:00pm-3:00pm

WHERE: Community Center

PROGRAM SUPERVISOR: Katie Goetzinger

FEE: OP Resident \$8; Non-Resident \$10



WINTER WREATH-MAKING

Welcome visitors to your home with this cute & easy-to-make winter wreath. At this workshop, participants will use a wreath form, fabric & floral accessories to create a winter wonderland-inspired wreath that takes just a few steps & a little creativity! All materials & instruction are provided.

WHO: Adults 18+

WHEN: Sat, DEC 14, 1:00pm-3:00pm

WHERE: Foultz Room

PROG. SUPERVISOR: Katie Goetzinger

FEE: \$20/person



NEW!
Update your contact info ONLINE

Questions? Email member@oceanpines.org



Use the member login at oceanpines.org!

MEMBER LOGIN

**To log in to the member side, enter your member number as your username. Your initial password will be your last name in all lowercase letters.*

RECREATION & PARKS



Phone: 410.641.7052

Email: rec@oceanpines.org

Inside the Ocean Pines Community Center at White Horse Park

239 Ocean Parkway • Ocean Pines, MD 21811

For current hours, check: oceanpines.org

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REGISTRATION

PHONE 410.641.7052. Credit cards accepted.

MAIL Send check (payable to OPA) or credit card info (acct. #, exp., security code) to: **Ocean Pines Recreation & Parks, 239 Ocean Parkway, Ocean Pines, MD 21811**

WALK-IN Ocean Pines Recreation & Parks Department is located inside the Ocean Pines Community Center. Cash, checks or credit cards accepted.

Ocean Pines Recreation & Parks Department reserves the right to cancel, combine or divide classes/programs, to change time, date or place of meeting, to change the instructor assignments, and to make other revisions which may become necessary. Due to pandemic uncertainties, all recreation events, activities & trips are subject to change. **Your satisfaction is important to us.** A full refund is automatic when classes are already filled or minimum enrollment is not met. Refunds may also be given in the event of unavoidable scheduling conflicts, personal emergencies, or dissatisfaction. All refund requests will be considered on a case-by-case basis and may be pro-rated. **No refunds for special events or tickets (amusement parks, theater, sports events or bus trips).** Refund requests may be subject to 10% administrative fee. Please allow 30 days for processing.



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TODDLER & PRESCHOOLER ACTIVITIES

TODDLER TIME

Come socialize with others through indoor playtime, small crafts, music & movement. This is a time to explore, discover, create & play together, while sharing the joys & challenges of raising happy children with other parents. Your child will have an opportunity to play with the balls, hula-hoops, tunnels, a giant parachute, games & slides. **A parent is required to stay with each child.**

AGES: 18 months – 3 years

WHEN: THURSDAYS

NOV 7 – JAN 9 No Class 11/28, 12/26

JAN 16 – MAR 6

MAR 13 – MAY 1

TIME: 10:00am–11:00am

WHERE: Community Center Gym

PROGRAM SUPERVISOR: Katie Goetzinger

OF CLASSES: 8 (8 weeks)

FEE: OP Resident \$20; Non-Resident \$25; Drop-in: \$4



HAPPY CLEATS SOCCER

This fun & exciting soccer program allows your little one to burn off some energy & learn soccer basics in a non-competitive environment. Socialization, simple soccer fundamentals & lots of FUN are the main focus of this clinic! **Parents are asked to help assist during practices.**

AGES: 2 – 3 (Boys & Girls)

Ages Days Starting Dates

2 TUE SEP 10

3 THU SEP 12

TIME: 5:15pm–5:45pm

WHERE: Somerset Park

INSTRUCTOR: Joe Monteverde

PROGRAM SUPERVISOR: Katie Goetzinger

OF CLASSES: 6 (6 weeks)

FEE: OP Resident \$40; Non-Resident \$50



New! HAPPY CLEATS INDOOR SOCCER

This program is designed to teach preschoolers the basics of soccer while helping teach them how to interact with others & striving to do their best & supporting & helping other team mates. **Parents are asked to help assist during practices.**

AGES: 2 – 3 (Boys & Girls)

DAY: WEDNESDAYS

WHEN: FEB 5 – MAR 12

Ages Times

2 5:00pm–5:30pm

3 5:40pm–6:10pm

WHERE: Community Center Gym

INSTRUCTOR: Joe Monteverde

PROGRAM SUPERVISOR: Katie Goetzinger

OF CLASSES: 6 (6 weeks)

FEE: OP Resident \$40; Non-Resident \$50



YOUTH SPORTS

HOOPSTERS BASKETBALL CLINIC

This clinic will teach the fundamentals of dribbling, passing & shooting. We will also focus on game strategy & rules. The class is geared towards all skill levels. Each week will contain skills & drills that progress into small games & scrimmages.

AGES: 4 - 13 (Boys & Girls)

WHEN: SATURDAYS, NOV 9 - DEC 14 No Class 11/30

Ages	Times
4 - 6	9:00am-10:00am
7 - 9	10:00am-11:00am
10 - 13	11:00am-12:00pm

WHERE:

Community Center Gym

PROGRAM

SUPERVISOR:

Kevin Powell

OF CLASSES:

5 (5 weeks)

FEE: OP Resident \$45;
Non-Resident \$55



- YOUTH SPORTS LEAGUE -

Volunteer coaches are needed for this league for all age groups! If you're interested in coaching, call Kevin at 410.641.7052.

HOOPSTERS BASKETBALL LEAGUE

Boys & girls of all skill levels can take this opportunity to compete against each other in this instructional league. Team jerseys will be provided. The cutoff for sign-ups is January 11. No registrations will be accepted after this date without the program supervisor's approval. **When you register your child, please be sure to provide the appropriate shirt size for jersey orders please.**

AGES: 7 - 13 (Co-ed)

WHEN: Saturdays beginning JAN 18;

game times/age groups will vary depending on number of participants/teams

PRACTICES: MON/TUE/THU 5-6pm, 6-7pm, 7-8pm

based on coach availability

EVALUATIONS:

Ages	Dates	Times
7 - 8	SAT, JAN 4 & 11	9:00am-10:00am
9 - 10	SAT, JAN 4 & 11	10:00am-11:00am
11 - 13	SAT, JAN 4 & 11	11:00am-12:00pm

WHERE:

Community Center Gym

PROGRAM

SUPERVISOR:

Kevin Powell

FEE: OP Resident \$65;
Non-Resident \$75



New! YOUTH MARTIAL ARTS

Join Sensei Michael Nolen as he guides his students in Martial Arts instruction. Sensei Michael Nolen is an active tournament competitor consistently placing at the top of his divisions in traditional kata & fighting. He was a 2024 Top 5 Finalist for Competitor of the Year by the Isshinryu Hall of Fame! Students will learn a range of practical martial arts techniques through the principles of the Order of Isshinryu Martial Arts including Kata Practice, Chin-na (control techniques), Jiu-Jitsu & traditional Okinawan Karate.

AGES: 7 & up (Boys & Girls)

WHEN: Tuesday OR Thursday night (once a week)

OR Choose Tuesday AND Thursday nights (twice a week)

OR Choose Tuesday AND Thursday AND Friday nights (three times a week)

TIME: 5:30pm-6:30pm (open mat practice 5pm-5:30pm)

FRIDAYS ARE 6:00-7:30pm

WHERE: Marlin Room

INSTRUCTOR: Sensei Michael Nolen

PROGRAM SUPERVISOR: Kevin Powell

FEE:

1 days a week: Resident \$40 / Non-Res. \$50 monthly fee

2 days a week: Resident \$60 / Non-Res. \$70 monthly fee

3 days a week: Resident \$75 / Non-Res. \$85 monthly fee

\$25 Annual Order of Isshinryu Martial Arts membership required after 2 months of training. Karate Gi (Uniform) provided (*full-time students). Students must purchase approved sparring gear (discounts available).



New! SKATEBOARDING CLASS

WITH PROFESSIONAL SKATEBOARDER MATT DOVE

Skateboarding is back & here to stay! Join former professional skateboarder Matt Dove in a class to boost your confidence & skill. Matt will create a team environment where skaters will push themselves & each other & support each other as they all work to overcome their fears & obstacles in the skate park. Skaters should expect to work hard, have fun & be part of an old school skateboarding brotherhood! **REQUIRED: Skateboard, helmet & positive attitude. Knee pads are HIGHLY RECOMMENDED.**

AGES: 8 - 16 (Boys & Girls)

WHEN:

Session Days

1	MON & TUE in SEP
2	MON & TUE in OCT

TIME: 4:30pm-6:00pm

WHERE:

Ocean Pines Skate Park

INSTRUCTOR: Matt Dove

PROGRAM SUPERVISOR:

Kevin Powell

FEE: OP Resident \$145;
Non-Resident \$155



YOUTH SPORTS

PEE WEE SOCCER

This program is designed to teach boys & girls the basics of soccer while showing them social benefits such as interacting with others, having to work as a team, working individually toward a collective goal, experiencing emotions involved in the game, striving to do their best & supporting & helping others. The sessions will start out with basic skills & lightly competitive group games. **Parents are asked to help assist during practices.**

AGES: 4 – 8 (Boys & Girls)
Ages Days Starting Dates

4 – 5 **TUE SEP 10**

6 – 8 **THU SEP 12**

TIME: 6:00pm–6:45pm

WHERE: Somerset Park

INSTRUCTOR:

Joe Monteverde

PROGRAM

SUPERVISOR:

Katie Goetzinger

OF CLASSES:

6 (6 weeks)

FEE: OP Resident \$45;

Non-Resident \$55



New! YOUTH INDOOR SOCCER

This program is designed to teach young players the basics of soccer while helping teach them how to interact with others & striving to do their best & supporting & helping other team mates. **Parents are asked to help assist during practices.**

AGES: 4 – 6 (Boys & Girls)

WHEN: WEDNESDAYS, FEB 5 – MAR 12

TIME: 6:20pm–7:00pm

WHERE: Community Center Gym

INSTRUCTOR: Joe Monteverde

PROGRAM

SUPERVISOR:

Katie Goetzinger

OF CLASSES:

6 (6 weeks)

FEE: OP Resident \$45;

Non-Resident \$55



T-BALL

T-Ball is designed to provide children with the basics for baseball & softball. Participants will work on the skills of throwing and catching, fielding, baserunning & hitting. It will be presented in a low-pressure environment with safety baseballs & tennis balls to take the fear out of learning. Helmets & bats are provided (you may bring your own if you wish), but **your child should have their own glove.** We will spend the first 3 sessions working on skills & the final 3 sessions putting those skills to use in games. We encourage parents to work with their children together to get more repetitions to help them achieve more success!

AGES:

4 – 6

(Boys & Girls)

WHEN:

TUESDAYS,
Starting SEP 10

TIME:

5:30pm–6:30pm

WHERE:

Manklin Meadows
 Softball Field

PROGRAM

SUPERVISOR:

Kevin Powell

OF CLASSES:

3 practices,

3 games

FEE:

OP Resident \$40;

Non-Resident \$50



Ocean Pines Association

VOLUNTEER IN THE PINES

Sign up
TODAY
to
volunteer!

Donate Your Time to...

Events & Programs
Farmers Market
Advisory Committee

Volunteers are critical to the success of many of the programs offered by the Recreation & Parks Department. Help support our community by serving on an Advisory Committee. Volunteer photographers, Farmers Market helpers, coaches, referees, umpires & office assistants are also needed.

239 Ocean Parkway, Ocean Pines, MD
info@oceanpines.org | oceanpines.org



Our professional staff of racquet coaches at the Ocean Pines Racquet Center offer individual & small group lessons as well as specialized clinics – year-round. To elevate your racquet game & set up an appointment with one of our pros, stop by the center or call 410-641-7228 or reach out directly to the instructor.

TENNIS. TIMELESS TENNIS. CHILDREN'S INTRODUCTORY TENNIS & NET GENERATION TENNIS INSTRUCTION



Terry Underkoffler
Racquet Sports Director

(215) 808-6457
tunderkoffler@oceanpines.org

Ocean Pines Racquet Sports
Office: (410) 641-7052
www.OceanPines.org



Bill Gilroy
Instructor

(443) 618-8282
billgilroy11@verizon.net

Ocean Pines Racquet Sports
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TENNIS. PLATFORM TENNIS. SPEC TENNIS & TIMELESS TENNIS



Araceli S. Popen
Instructor

(302) 270-8118
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Rieck Foelber
Instructor

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PICKLEBALL INSTRUCTION




Linda Horst
Instructor

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pgasoccer@gmail.com

Ocean Pines Racquet Sports
Office: (410) 641-7052
www.OceanPines.org



TENNIS

TENNIS REGISTRATION Classes & Events
Phone: 410.641.7228 Walk-In: Racquet Center Pro Shop

**Days/times, fees and policies subject to change*

TENNIS DROP-IN

Just show up! Everyone is welcome.
The attendant at check-in will direct you.

OP Resident \$11; Non-Resident \$16

Inquire for info on groups that play on a regular basis.

Tournaments & Special Events

4TH ANNUAL MEN'S & WOMEN'S DOUBLES CHALLENGE

**Sat, AUGUST 10
8:15am-12:30pm**

Women's & Men's Doubles Bracket Competitions

ENTRY FEE: Tennis Member, Free; Non-Member \$15

GRILL & CHILL "STAFF APPRECIATION"

**Sat, SEPTEMBER 7
4:30pm-7:30pm**

A full array of tennis & social activities are provided from dawn to dusk by tennis instructors & staff. Featuring 8 Har-Tru soft courts & 2 hard courts

Tennis Club Events:

Join the Ocean Pines Tennis Club & enjoy club events all year long. Contact Dale Ash at daleash45@gmail.com for more information.

TENNIS STROKES OF THE WEEK

There are many aspects to improving as a tennis player. One of those aspects is having fluid mechanics & great technique. Video analysis may be used to clearly identify areas that can be improved in your game & how to correct them. Your strokes can be analyzed by a member of our teaching staff, who will identify the roots of any technical problem & start to develop a plan to improve your game.

WHEN: Tuesdays & Thursdays thru OCT 8

TIME: 8:05am-8:55am

INSTRUCTOR: Terry Underkoffler, Head PTR Professional

FEE: Member, Free; OP Resident \$10; Non-Resident \$15

New! COED ADULT DOUBLES COACH CLASS

Each session will include a warm-up, a strategy for the day, & ongoing coaching for the remainder of the hour. Emphasis will be on positioning & strategy. Intermediate Level 3.0 - 3.5. Four players are required (no more, no less).

**WHEN: Tuesdays & Thursdays, AUG 1 • AUG 6 • AUG 8
AUG 13 • AUG 15 • AUG 27 • AUG 29**

TIME: 9:00am-10:00am

INSTRUCTOR: Rieck Foelber

FEE: \$15/session

New! TENNIS RUSH & CRUSH: DOUBLES TACTICS CLINIC

Player's warm up relative to hitting all the strokes & will then move into competition. It will be a doubles format with two players defending one side of the court & two others attacking.

WHEN: Fridays, AUG 9, Fri, AUG 23

TIME: 9:00am-10:00am

INSTRUCTOR: Bill Gilroy, PTR Professional

New! STROKE MASTERY CLINICS

Clinics to focus on the enhancement of the master strokes of tennis.

WHEN:

Dates

Strokes Taught

Mon, SEP 16

Forehand

Tue, SEP 17

Backhand

Wed, SEP 18

Lobs, Overheads, Drop Shots

Thu, SEP 19

Serves & Volleys

TIME: 9:00am-10:00am

INSTRUCTOR: Bill Gilroy, PTR Professional

FEE: \$20/individual (designed as a group activity)

New! HIGH SCHOOL PRESEASON PREPARATION

Take lessons aimed at being successful for your high school team. Improve your strokes & gain tactical insight in your play. Lessons to be set up between coach & player.

WHEN: Contact for lessons

INSTRUCTOR: Terry Underkoffler, PTR Professional

FEE: \$50/one-hour session

CONTACT: 215-808-6457, tunderkoffler@oceanpines.org

PRIVATE TENNIS LESSONS

Private lessons are the most effective way to learn new strokes & shots that work for your personal style of play. A group lesson provides helpful tips on general playing & hitting skills, but private tennis lessons allow a teaching professional to see how you perform during a match so he or she can improve your game based on your individual needs. Private tennis lessons can help you achieve 2 goals: (1) Learn a new skill for the first time, (2) Improve a stroke or shot you're currently using.

INSTRUCTORS:

Terry Underkoffler, Head PTR Professional

Bill Gilroy, PTR Professional

Rieck Foelber

Araceli Popen

FEE:

\$60/one-hour training;

\$70/pair

EMAIL:

optennistraining@gmail.com

to set up your personalized lesson!



PLATFORM TENNIS, SPEC TENNIS & TIMELESS TENNIS

at the **SCREENED**
PLATFORM
TENNIS COURTS



PLATFORM TENNIS DROP-IN

Just show up! Everyone is welcome. The attendant at check-in will direct you. For current drop-in times, email oppaddle2020@gmail.com or call the office at 410-641-7228.
OP Resident \$8; Non-Resident \$9

Inquire for info on groups that play on a regular basis.

INTRO TO PLATFORM TENNIS LESSONS

Elements of racquetball & tennis. Play it off the screen! Paddles & balls will be provided & **sneakers are required**.

WHO: Anyone looking for exercise, fresh air, friendly competition, all-year-round outdoor play & lots of social activities.

WHEN: Every Saturday, 9:30am or by appointment

WHERE: OP Racquet Center platform tennis courts

FEE: Platform Tennis Member, Free; OP Resident \$7; Non-Resident \$8

FOR MORE INFO: Email oppaddle2020@gmail.com

TIMELESS TENNIS

Used to play tennis? Is the big court too big? No problem! Timeless Tennis features tennis strokes & strategies on a smaller court, so you're never too far to the ball. All abilities welcome!

WHEN: Thursdays, 4:00PM

WHERE: OP Racquet Center platform tennis courts

FEE: Platform Tennis Member, Free; OP Resident \$7; Non-Resident \$8

FOR MORE INFO: Contact Araceli Popen at 302-270-8118 or visit oceanpines.org/web/pages/timeless-tennis

Special Events

Free! INTRO TO SPEC TENNIS CLINICS

Sat, SEP 7 at 10am • Thu, SEP 12 at 6pm

All abilities welcome! Paddles provided.

TO REGISTER: Email oppaddle2020@gmail.com

New! SPEC TENNIS TOURNAMENT

Sat, SEP 21 at 6pm (rain date: Sun, Sep 22)

TO REGISTER: Email oppaddle2020@gmail.com

Play platform tennis, Timeless Tennis & Spec Tennis year-round on screened & lighted platform courts – 1/3 the size of a tennis court. Equipment provided!

Platform Tennis Club Events: Join the Ocean Pines Platform Tennis Club & enjoy club events all year long. For more info, email Karen Kaplan at oppaddle2020@gmail.com

New! SPEC TENNIS

This sport is easy to learn & uses a shoulder-friendly underhand serve, simple scoring & tennis strokes & strategy. Equipment provided. All abilities welcome!

WHEN: Thursdays, 4:00pm

WHERE: OP Racquet Center screened platform tennis courts

FEE: Platform Tennis Member, Free; OP Resident \$7; Non-Resident \$8

FOR MORE INFO: Contact Araceli Popen at 302-270-8118 or email oppaddle2020@gmail.com

PLAY



Club of Ocean Pines

- Easy scoring
- Shoulder-friendly underhand serve
- Fenced courts are 1/3 the size of a tennis court
- Play the net! No kitchen!
- Never played? Used to play? All abilities are welcome!
- Paddle & low-bounce tennis ball
- We have the equipment for you! Try it!

FEE: Platform Tennis Member, Free; OP Resident \$7; Non-Resident \$8

On the PLATFORM TENNIS COURTS
at the Ocean Pines Racquet Center.

For more info, email oppaddle2020@gmail.com
or stop down at the platform tennis hut!



Play year-round on the Platform Tennis courts!
Platform Tennis, Spec Tennis & Timeless Tennis!

REGISTRATION for Classes & Events

Phone: 410.641.7228 **Walk-in:** Racquet Center Pro Shop

PICKLEBALL

PICKLEBALL REGISTRATION Classes & Events
Phone: 410.641.7228 Walk-In: Racquet Center Pro Shop

INDOOR DROP-IN at Community Center Gym

OCTOBER – MARCH

WHEN: MON, 6:00pm–8:00pm

TUE, 12:00pm–4:00pm

THU, 12:00pm–4:00pm

SAT, (November–March) 4:00pm–8:00pm

Daily Fees: OP Pickleball Member, Free; Non-Member \$5

Additional indoor drop-in, call 410-641-7052 for drop-in availability.

OUTDOOR OPEN PLAY

at Ocean Pines Racquet Center

NOVICE / BEGINNERS

WHEN: THURSDAYS, 4:00pm–6:00pm

Drop-in Fees: Resident \$8, Non-Resident \$11

OUTDOOR DROP-IN

at Ocean Pines Racquet Center

WHEN: MON-SUN, 9:00am–12:00pm

Drop-in Fees: Resident \$8, Non-Resident \$11

TO STAY INFORMED:

Sign up for the weekly Pickleball e-Newsletter

Special Events & Tournaments

4th Annual

OCEAN PINES OKTOBERFEST PICKLEBALL TOURNAMENT

Fri, Sat & Sun, OCT. 11, 12 & 13

Always a great time & great competition to be had by all!

- **Registration fee:** \$45 includes participant gift
- **Bracket Fees:** \$25 each bracket / Money Bracket fee \$45 Payout TBD (based on registration)
- **Minimum Skill:** 3.0
- **Schedule of start times** will be posted 1 week prior. Tournament directors will break out age/skill brackets accordingly. Schedule, brackets & levels posted on Pickleball Den. Pickleball-related vendors plus food & beverage vendors will be on-site.
- **Tourney Director:** Jamie Lowe (Tournaments@SportsOffice365.com)

Search 'Tournaments' on Pickleball Den:

<https://app.pickleballden.com>



Hosted by Ocean Pines Pickleball Club & the American Cancer Society

7th Annual Pink Ribbon Pickleball Round Robin

Friday, October 4, 2024

8:30AM–2:00PM

Round Robin Event:
Rotating partner, player levels,
total points per person.
Open to men & women.

Entry Fee: \$40/person, includes
snacks, lunch & prizes. Sign up
individually. Pick up registration form
at Ocean Pines Racquet Center OR
print it from the Pickleball Newsletter.

LIMITED SPACE ~ Sign Up Early



To secure spot, registration form must be completed & mailed with \$40 check (payable to American Cancer Society) to: Becky Ferguson, 7 Carriage Ln., Ocean Pines, MD 21811. All checks & registrations must be received by Fri, 9/20. In lieu of play, donations accepted!

Questions? Contact Becky Ferguson at 410-446-1816 or rcoltferguson@gmail.com

Ocean Pines Oktoberfest 2024

Pickleball Tournament



OPEN TO THE PUBLIC



GUARANTEED MORE PLAY WITH ROUND ROBIN FORMAT!

OCT 11, 12 & 13

\$45 Registration Fee PLUS \$25 FOR EACH BRACKET

Direct link to Pickleball Den Registration page

SCAN



Registration: Pickleballden.com

Ocean Pines Racquet Center | oceanpines.org
11443 Manklin Creek Rd, Ocean Pines, MD 21811 | 410-641-7228

Activity #2400
Mon
8/5, 8/12, 8/19, 8/26
2:15pm

Activity #2402
Mon
9/9, 9/16, 9/23, 9/30
2:15pm

Activity #2401
Mon
8/5, 8/12, 8/19, 8/26
3:30pm

Activity #2403
Mon
9/9, 9/16, 9/23, 9/30
3:30pm



Pickleball
INTERMEDIATE
IMPROVE YOUR SKILLS CLINIC

Fee: \$50/session
1 SESSION - 4 WEEKS
max 8 players
(must pay at registration to hold spot)

WILL FOCUS ON SPECIFIC INTERMEDIATE SKILLS SUCH AS:
VOLLEY SKILLS, DINKING STRATEGY, 3RD SHOTS, TRANSITION, 4TH SHOT, SPIN.
PLAYERS WILL GET INDIVIDUAL ATTENTION ON THEIR SKILL WORK

Activity #404
MON
8/5, 8/12, 8/19, 8/26
4:45-5:45pm

Fee: \$25/session
1 SESSION - 4 WEEKS
max 16 people
(must pay at registration to hold spot)



LEARN SKILL DRILLS TO IMPROVE YOUR GAME!

Pickleball
INTERMEDIATE DYNAMIC DRILLING

DRILLS ARE DEMONSTRATED AND INDIVIDUALS ARE GUIDED BUT NO PERSONAL INSTRUCTION.
MUST MEET GUIDELINES FOR INTERMEDIATE LEVEL

Activity #302
WED
8/7, 8/14, 8/21, 8/28
2:15 PM

Activity #304
WED
9/4, 9/11, 9/18, 9/25
2:15PM

Activity #303
WED
8/7, 8/14, 8/21, 8/28
3:30PM

Activity #305
WED
9/4, 9/11, 9/18, 9/25
3:30PM



Pickleball
BEGINNER/ADVANCED BEGINNER
IMPROVE YOUR SKILLS CLINIC

Fee: \$50/session
1 SESSION - 4 WEEKS
max 8 people
(must pay at registration to hold spot)

IMPROVE FOREHAND, BACKHAND, SERVES, VOLLEYS, DRIVES & INITIATE DINKING RALLIES
GET INDIVIDUAL ATTENTION W/ YOUR SKILLS
** THIS IS FOR INDIVIDUALS WHO HAVE TAKEN A BEGINNER PICKLEBALL COURSE OR HAVE PLAYED 4-6 MONTHS **

Activity #301
WEDNESDAYS
9/4, 9/11, 9/18, 9/25
4:45pm-6pm

Fee: \$50/session
1 SESSION - 4 WEEKS
max 16 people
(must pay at registration to hold spot)



Pickleball
BEGINNER CLINIC

NO EXPERIENCE OR HAVE PLAYED LESS THAN 3 TIMES
COME & LEARN THE FASTEST GROWING SPORT IN THE COUNTRY!

Activity #306
WED
8/7, 8/14, 8/21, 8/28
4:45-5:45pm

Fee: \$25/session
1 SESSION - 4 WEEKS
max 16 people
(must pay at registration to hold spot)



LEARN DRILLS TO IMPROVE YOUR GAME!

Pickleball
BEGINNER/ADVANCED BEGINNER
DYNAMIC DRILLING

DRILLS DEMONSTRATED, INDIVIDUALS GUIDED THROUGH DRILLS-NO PERSONAL INSTRUCTION
MUST HAVE HAD BEGINNER CLINIC OR HAVE PLAYED FOR 4-6 MONTHS





WITH PICKLEBALL INSTRUCTOR LINDA HORST
PPR, IPTPA Trained & PCI Certified Instructor

REGISTER FOR THESE CLINICS BY CALLING 410-641-7228

RUGGIERE GOLF ACADEMY




PRIVATE LESSONS

WITH PGA PROFESSIONAL MATT RUGGIERE



MATT RUGGIERE, PGA
DIRECTOR OF INSTRUCTION
MATT RUGGIERE GOLF ACADEMY

ADULT **JUNIOR** **GROUP**


- ONE HOUR LESSON
• 30 MIN LESSON
- ONE HOUR LESSON
• 30 MIN LESSON
- ONE HOUR LESSON

INFO & REGISTRATION:
RUGGIEREGOLF.COM
CLICK PRIVATE LESSONS

PLEASE TEXT PGA PROFESSIONAL MATT RUGGIERE WITH ANY QUESTIONS 386-846-3505 OR EMAIL MRUGGIERE54@GMAIL.COM

100 CLUBHOUSE DR, OCEAN PINES, MD 21811 | 410.641.6057 | OCEANPINESGOLF.ORG

GOLF ACADEMY AT OCEAN PINES GOLF CLUB




WITH MATT RUGGIERE, PGA

OFFERING PRIVATE & GROUP INSTRUCTION

- ▶ PRIVATE LESSONS FOR JUNIORS & ADULTS
- ▶ GROUP LESSONS & CLINICS FOR ALL AGES & SKILL LEVELS
- ▶ SEASONAL PROGRAMS FOR JUNIORS & ADULTS

INFO & REGISTRATION: **RUGGIEREGOLF.COM**



100 CLUBHOUSE DR,
OCEAN PINES, MD 21811
| 410.641.6057 |
OCEANPINESGOLF.ORG



MATT RUGGIERE, PGA
DIRECTOR OF INSTRUCTION
MATT RUGGIERE GOLF ACADEMY



GOLF OCEAN PINES

"Experience golf as it was meant to be played." - Robert Trent Jones, Sr.

FEATURING

- Robert Trent Jones-Designed Course
- Public & Ocean Pines Resident Rates*
- Driving Range
- Practice Facilities
- Clubhouse
- Indoor & Outdoor Dining
- Clubhouse Repair Center
- Club Fittings
- Indoor Launch Monitor
- PGA Instruction

*Ocean Pines residents save on public rates with Ocean Pines resident ID card. Tee times cannot be booked more than 5 days in advance to receive discount.










Special DISCOUNT DAYS COMING IN SEPTEMBER!

LOOK FOR END OF SEASON SALES IN PRO SHOP!

CALL FOR DETAILS 410.641.6057 EXT. 2
Ocean Pines Golf Club - 100 Clubhouse Dr, Ocean Pines, MD - oceanpinesgolf.org




Breakfast, Lunch & Drinks

Open daily 8am

Indoor & Outdoor Dining & Carryout
Hiring All Positions! Servers, Cooks, Dishwashers, Bussers, Bartenders, Cart Girls - Apply Within!
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ADULT & FAMILY FITNESS



ADULT LEAGUES

FALL CO-ED SOFTBALL LEAGUE

Who's ready to play ball?! Bring your friends & coworkers to form a team & join Ocean Pines Recreation & Parks for fun recreational slow-pitch softball! Maximum players per roster is 20 (must have at least 2 females on the field at all times). **All players must be on the roster & have waiver completed before stepping on the field. Coaches meeting Monday August 12at 6pm in the Marlin Room.**

WHO: Adults 18+

WHEN: MON & WED, starting AUG 19 & 21

TIME: 6:00pm and 8:00pm

WHERE: Manklin Meadows Field

PROGRAM SUPERVISOR: Kevin Powell

FEE: \$450/teamregister early!

WALL-TO-WALL DODGEBALL LEAGUE

A ramped-up, popular adult league of the old-school classic. Relive the memories, have fun & meet new people! Grab a group of friends or coworkers & organize a team consisting of 6 players on the court, 2 of which must be female. Maximum players per roster is 15. **All players must complete a waiver before playing. Coaches meeting January 15, 2025 at 6pm at the Community Center.**

WHO: Adults 18+

WHEN: WED, starting JAN 22 - MAR 19

TIME: 7:15pm

WHERE: Gym

PROGRAM SUPERVISOR:

Kevin Powell

FEE: \$300/team



MEN'S BASKETBALL 4v4 LEAGUE

Our fun adult 4-on-4 men's league contains 8 players total per team. All team members must be on only one roster before the start of the season. **Mandatory team rep meeting to go over rules: March 7 at 6pm in the Community Center.** You will also have time to fill out rosters. This league has limited space so be at the meeting to guarantee your team's spot. Don't have a team? There will be a "free-agent" pool & if teams need players, we'll do our best to place you on a team.

WHO: Men 21+; no exceptions!

WHEN: THU, MAR 20 - MAY 15

TIME: 6:00pm

WHERE: Gym

PROGRAM SUPERVISOR:

Kevin Powell

FEE: \$400/team; **All team payments must be received prior to the first game**



It's Back! DISK GOLF LEAGUE

Ocean Pines is the home of a disk golf course with 13 unique holes & 18 unique tee pads & shared baskets located at Bainbridge Park. Take a break from adult life & try your hand at disk golf, a blend of golf & frisbee. You can wander through the woods to each t-box set up for novice to advanced play. Map of the course is located via QR Code linked to UDisk.com. This league is managed by OP Residents / Players, that offer golf play info on the "Bainbridge Park Disk Golf" Facebook page.

WHO: Adults 18+

WHEN: Please visit: "Bainbridge Park Disk Golf" Facebook page for sessions

WHERE: Bainbridge Park

COORDINATOR: Bryant Dean

PROG. SUPERVISOR: Kevin Powell

FEE: \$5/night / \$35/8-week session



DROP-IN BASKETBALL

Come get some shots up in the gym by yourself or with friends during drop-in times!

WHO: All Ages!

WHEN: Call 410.641.7052 for days & times!

WHERE:

Community Center Gym

PROGRAM SUPERVISOR:

Debbie Donahue

FEE: \$3



It's Back! LINE DANCING WITH LOIS

Come line dance & meet new friends. What better what to socialize & exercise without even realizing you are working out. Participants will learn dance steps to their favorite line dances. Come learn dance moves to show off at your next night on the town!

WHO: Adults 18+

WHEN: TUESDAYS, SEP 24-NOV 19, 6:00pm-7:00pm

WHERE: Community Center

INSTRUCTOR: Lois Ingram

PROGRAM SUPERVISOR: Katie Goetzinger

OF CLASSES: 9 (9 weeks)

FEE: OP Resident \$60; Non-Resident \$75; **Drop-in \$13**



ADULT & FAMILY FITNESS

New! ADULT MARTIAL ARTS

Join Sensei Michael Nolen as he guides his students in Martial Arts Instruction. Sensei Michael Nolen is an active tournament competitor consistently placing at the top of his divisions in traditional kata & fighting. He was a 2024 Top 5 Finalist for Competitor of the Year by the Isshinryu Hall of Fame! Students will learn a range of practical martial arts techniques through the principles of the Order of Isshinryu Martial Arts including Kata Practice, Chin-na (control techniques), Jiu-Jitsu & traditional Okinawan Karate.

AGES: 7 & up

WHEN: Tuesday OR Thursday night (once a week)
OR Choose Tuesday AND Thursday nights (twice a week)
OR Choose Tuesday AND Thursday AND Friday nights (three times a week)

TIME: 6:30-8:00pm **FRIDAYS ARE 6:00-7:30pm**

WHERE: Marlin Room

INSTRUCTOR: Sensei Michael Nolen

PROGRAM SUPERVISOR: Kevin Powell

FEE:

1 days a week: Resident \$40 / Non-Res. \$50 monthly fee
2 days a week: Resident \$60 / Non-Res. \$70 monthly fee
3 days a week: Resident \$75 / Non-Res. \$85 monthly fee

*25 Annual Order of Isshinryu Martial Arts membership required after 2 months of training. Karate Gi (Uniform) provided (*full-time students). Students must purchase approved sparring gear (discounts available).



New! PILATES, BARRE & TONING

This is a FUSION OF EXERCISE FORMATS tailored to a variety of fitness goals, ages & abilities all while set to music to inspire & motivate. Pilates & Barre focus on strength, flexibility, breathing & full body alignment. BARRE focuses more on lower body toning. Both are low impact & utilize large ranges of motion. Class is done while standing, sitting & holding on to a chair. NO MAT will be used. TONING adds lightweights to complete the full spectrum of conditioning. This is an upbeat class with PIZAZZ.

WHO: Adults 18+

WHEN: THURSDAYS, 4:30pm-5:30pm

Dates	# of Classes
AUG 22-SEP 26	5 (5 weeks)
DEC 5-JAN 9	6 (6 weeks)
JAN 16-FEB 20	6 (6 weeks)
FEB 27-APR 3	6 (6 weeks)

WHERE: Community Center
INSTRUCTOR: Joyce Landsman
PROGRAM SUPERVISOR: Katie Goetzinger

OF CLASSES: 6 (6 weeks)

FEE: 6 Weeks: OP Resident \$40; Non-Resident \$45;

5 Weeks: OP Resident \$35;

Non-Resident \$40; Drop-in \$10



TAI CHI FOR ARTHRITIS & FALL PREVENTION - I

Tired of falling & feeling off balance? Bring your confidence back with Tai Chi. Dr Paul Lam's program has been developed from 30 years of research to improve balance issues as well as prevent falls. There are 21 safe, slow moves in this practice along with conscious breathing & posture alignment. This 8-week session will create a new awareness to open joints from within as well as open a path for healing, eliminating pain & stress from the body.

WHO: All Ages

WHEN: TUESDAYS, SEP 3 - OCT 22

TIME: 9:30am-10:30am

WHERE: Community Center Gym

INSTRUCTOR: Kim Reed from Radiant Motion for Health

PROGRAM SUPERVISOR: Katie Goetzinger

OF CLASSES: 8 (8 weeks)

FEE: OP Resident \$65; Non-Resident \$81

TAI CHI FOR ARTHRITIS & FALL PREVENTION - II

A continuing form of Tai Chi for Arthritis & Fall Prevention I, this 8-week session has more weight-shifting moves which are ideal for fall prevention. These practices create a "memory" in our mind that brings the body back to being centered. Taking a conscious view of your body & how you move will develop confidence in your stride & prevent injuries.

WHO: All Ages

WHEN: TUESDAYS, OCT 29 - DEC 17

TIME: 9:30am-10:30am

WHERE: Community Center Gym

INSTRUCTOR: Kim Reed

from Radiant Motion for Health

PROG. SUPERVISOR: Katie Goetzinger

OF CLASSES: 8 (8 weeks)

FEE: OP Resident \$65; Non-Resident \$81



SHIBASHI - I

A Qigong practice of 18 slow repetitive moves. Great for beginners! This 8-week program involves learning to activate your Qi (Internal Life Force Energy) as well as opening up emotional blockages that could cause chronic illness, pain & stress. Removing stagnate Qi can give the body an opportunity to re-fuel with new vibrant energy & with possibilities for healing to occur.

WHO: All Ages

TIME: TUESDAYS, JAN 7 - FEB 25

TIME: 9:30am-10:30am

WHERE: Community Center Gym

INSTRUCTOR: Kim Reed from Radiant Motion for Health

PROGRAM SUPERVISOR: Katie Goetzinger

OF CLASSES: 8 (8 weeks)

FEE: OP Resident \$65; Non-Resident \$81



ADULT & FAMILY FITNESS

New! GENTLE YOGA USING A CHAIR

This is a gentle yoga practice that uses a chair for support, whether seated or standing while holding on to a chair. We will work on strength, flexibility & endurance in a gentle way. **Please bring a yoga mat & towel.**

WHO: Adults 18+
WHEN: TUESDAYS, SEP 10–OCT 15, 1:00pm–2:00pm
WHERE: East Room
INSTRUCTOR: Charles Parvis, RYT-200
PROGRAM SUPERVISOR: Katie Goetzinger
OF CLASSES: 6 (6 weeks)
FEE: OP Resident \$40; Non-Resident \$50; Drop-in \$10

New! CHAIR YOGA

Done while seated in a chair, this basic practice focuses on a gentle, slower practice. The practice is designed to work on strength, flexibility & endurance in a gentle way. Also, may include work on balance in a highly supported manner. Methods for restoration & relaxation are included in every class. **Please bring a yoga mat & towel.**

WHO: Adults 18+
WHEN: THURSDAYS, SEP 12–OCT 17, 1:00pm–2:00pm
WHERE: East Room
INSTRUCTOR: Charles Parvis, RYT-200
PROGRAM SUPERVISOR: Katie Goetzinger
OF CLASSES: 6 (6 weeks)
FEE: OP Resident \$40; Non-Resident \$50; Drop-in \$10

New! INTRO TO YOGA

An introduction to a variety of basic poses, including standing & balance poses, seated forward folds, seated twists, backbends, strengthening & restorative poses. The practice focuses on building strength & endurance, improving balance, increasing flexibility, & practicing methods for restoration & relaxation. **Please bring a yoga mat & towel.**

WHO: Adults 18+
WHEN: THURSDAYS, SEP 12–OCT 17, 8:30am–9:30am
WHERE: Community Center
INSTRUCTOR: Mary Parvis, CIYT, RYT-200
PROGRAM SUPERVISOR: Katie Goetzinger
OF CLASSES: 6 (6 weeks)
FEE: OP Resident \$40; Non-Resident \$50; Drop-in \$10

New! YOGA LEVEL I

This class is appropriate for those who are newer to yoga & continuing students who are looking to refine their practice. We'll work on standing poses, gentle backbends & twists, & preparation for inversions. **Please bring a yoga mat & towel.**

WHO: Adults 18+
WHEN: TUESDAYS, SEP 10–OCT 15, 8:30am–9:30am
WHERE: Community Center
INSTRUCTOR: Mary Parvis, CIYT, RYT-200
PROGRAM SUPERVISOR: Katie Goetzinger
OF CLASSES: 6 (6 weeks)
FEE: OP Resident \$40; Non-Resident \$50; Drop-in \$10

PM ZUMBA

This class is a total workout suitable for all ages & levels of experience. The class combines various fitness activities... cardio, muscle conditioning, balance, flexibility, boosted energy & a serious dose of attitude & awesome. Fast & slow Latin rhythms tone & sculpt the body utilizing principles from aerobics & fitness activities. Each segment offers different workout options, making it safe for all dance levels & age groups from young adult to seniors. Ditch the workout & come to a party!!

WHO: Adults 18+
WHEN: WEDNESDAYS
SEP 11–OCT 16
NOV 6–DEC 18
JAN 8–FEB 12
FEB 19–MAR 26
APR 2–MAY 7
TIME: 4:30pm–5:15pm
WHERE: Community Center
INSTRUCTOR: Joyce Landsman
PROGRAM SUPERVISOR: Katie Goetzinger
OF CLASSES: 6 (6 weeks)
FEE: OP Resident \$40; Non-Resident \$45; Drop-in \$10



ZUMBA TONING

This low-impact, high-energy exercise program is great for every body & everybody. This class takes the work out of workout. Zumba principles incorporate Latin rhythms, oldies & pop songs. This is truly exercise in disguise.

WHO: Adults 18+
WHEN: TUESDAYS
SEP 10–OCT 15
NOV 5–DEC 17
JAN 7–FEB 11
FEB 18–MAR 25
APR 1–MAY 6
TIME: 9:00am–9:45am
WHERE: Community Center
INSTRUCTOR: Joyce Landsman
PROGRAM SUPERVISOR: Katie Goetzinger
OF CLASSES: 6 (6 weeks)
FEE: OP Resident \$40; Non-Resident \$45; Drop-in \$10



Free! DROP-IN WALKING

Walking is better together! Put on your sneakers & grab your water bottle. Listen to music or chat with a friend while you boost your energy & burn calories.

WHO: All Ages
WHEN: MON & WED, thru MAY 21, 11:00am–12:00pm
WHERE: Meet at the Community Center Gym
PROGRAM SUPERVISOR: Debbie Donahue
FEE: FREE! No need to register, just show up & let's walk!

ADULT CLASSES & SEMINARS



...for free seminars on orthopaedics, focusing on muscles, bones & joints. Peninsula Orthopaedic Associates has been providing exceptional care to the Delmarva community for over 70 years.

New! FOOT & ANKLE IOI

Meet POA's newest fellowship-trained foot & ankle orthopaedic surgeon Dr. Greg Kirwan & learn all about common foot & ankle conditions, arthritis, and how Dr. Kirwan can get you back on your feet! Light refreshments provided.

WHO: Ages 18+
WHEN: Tue, SEP 17
TIME: 9:00am-10:00am
WHERE: Community Center
PRESENTER: Dr. Greg Kirwan
PROGRAM SUPERVISOR: Katie Goetzinger
FEE: FREE! Register early



RETIREMENT IOI

Are you transitioning into retirement or newly retired? Come shape the next chapter of your life. What are your needs & what are your wants during this next phase of life? We will use the Wheel of Life tool to explore the categories of life that matter to you. Prioritize your goals. Leave with an action step. The program will include a laser coaching demo.

WHO: Adults 18+
WHEN: Saturday, OCT 5
TIME: 10:00am-11:00am
WHERE: Foulz Room
PRESENTER: Aileen Price
PROGRAM SUPERVISOR: Katie Goetzinger
FEE: FREE!



Volunteer in The Pines!

Volunteers are critical to the success of many of the programs offered by Ocean Pines Recreation & Parks.

For more info, email info@oceanpines.org.

NOW HIRING



OCEAN PINES POLICE IS HIRING!
NEW RECRUITS & CERTIFIED OFFICERS

\$63,500

SALARY FOLLOWING COMPLETION OF THE ACADEMY & ALL FIELD TRAINING

(Salary paid during training process \$61k)

Salary is negotiable for experienced lateral applicants depending on experience & qualifications

- TAKE HOME VEHICLE
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- COMPETITIVE RETIREMENT PLAN
- PINES PERKS PROGRAMS (SWIM, RACQUET & GOLF MEMBERSHIPS)
- GYM REIMBURSEMENT



INFO & APPLICATION
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DO NOT STOP OR PARK WITHIN 15 FEET OF A FIRE HYDRANT.

YOU ARE RISKING A \$60 FINE & POTENTIAL DAMAGE TO YOUR VEHICLE FROM EMERGENCY OPERATIONS!



ADULT CLASSES & SEMINARS

Join Ocean Pines &



...for these informative, helpful seminars that focus on helping you get “back in action.”

New! PREVENTING PICKLEBALL INJURIES

Pickleball is one of America’s fastest-growing sports. Unfortunately, the incident of related injuries is on the rise as well. If you are a racquet sport player (tennis, table tennis, paddleball, racquet ball), you won’t want to miss this class. We will be discussing common racquet sport injuries & ways to prevent them.

WHO: Ages 18+
WHEN: Thu, SEP 19
TIME: 1:00pm–2:00pm
WHERE:

Foultz Room
PRESENTER:
 Dr. Sandra Kappes, PT, DPT, CLT
PROGRAM SUPERVISOR:
 Katie Goetzinger
FEE: FREE! Register early!



New! FALL PREVENTION

Did you know that each year millions of people over the age of 65 fall? Did you know that falls are the most common cause of traumatic brain injuries? If you are unsteady on your feet, if you touch the furniture as you walk through the house or if you have a fear of falling, this class is for you! We will be reviewing common causes of falls & ways to prevent them.

WHO: Ages 18+
WHEN: Thu, OCT 10
TIME: 1:00pm–2:00pm
WHERE:

Community Center
PRESENTER:
 Dr. Sandra Kappes, PT, DPT, CLT
PROGRAM SUPERVISOR: Katie Goetzinger
FEE: FREE! Register early!



New! CANE AND WALKER SAFETY

How do you know if you are using the appropriate assistive device? Is the assistive device correctly set for your height? Are you using your assistive device correctly? Appropriate use of a cane or walker can prevent falls & decrease pain. This class is for everyone, especially for those who are wanting to learn how to use an assistive device after you have experienced an injury.

WHO: Ages 18+
WHEN: Thu, NOV 14
TIME: 1:00pm–2:00pm
WHERE: East Room
PRESENTER:
 Dr. Sandra Kappes, PT, DPT, CLT
PROGRAM SUPERVISOR:
 Katie Goetzinger
FEE: FREE! Register early!



DECREASING CHRONIC PAIN NATURALLY

Chronic pain is pain that lasts longer than the usual recovery period. If you are tired to living with pain & want to find natural ways to decrease or resolve it, join Dr. Sandra Kappes for this informative class.

WHO: Ages 18+
WHEN: Thu, DEC 12
TIME: 1:00pm–2:00pm
WHERE:

East Room
PRESENTER:
 Dr. Sandra Kappes, PT, DPT, CLT
PROGRAM SUPERVISOR:
 Katie Goetzinger
FEE: FREE!
 Register early!



New! ALZHEIMER’S & OTHER DEMENTIAS

This course will give an overview of Alzheimer’s & other dementia-related disorders. Participants will learn strategies to improve communication & ways to understand & manage behavioral issues.

WHO: Ages 18+
WHEN: Thu, JAN 9
TIME: 1:00pm–2:00pm
WHERE: East Room
PRESENTER:

Dr. Sandra Kappes, PT, DPT, CLT
PROGRAM SUPERVISOR:
 Katie Goetzinger
FEE: FREE!
 Register early!



Interested in Leading a Seminar?

Many of the programs offered by Ocean Pines Recreation & Parks depend on volunteer support. **If you have a seminar topic that you would like to present, please email us.**

You can also help support our community by serving on an advisory committee, as a volunteer photographer, farmers market helper, coach, referee, umpire & office assistant (as needed).

Get in touch! Email: info@oceanpines.org

ADULT CLASSES & SEMINARS

New! HOW FOOD & NUTRITION AFFECT YOUR HEALTH

Did you know that some foods cause inflammation & others decrease inflammation? Is your current diet improving your health or making it worse? Mood, blood pressure, digestive system & cholesterol are all affected by what you eat. If you want to learn more, sign up for this class.

WHO: Ages 18+

WHEN: Thu, FEB 27

TIME: 1:00pm-2:00pm

WHERE:

East Room

PRESENTER:

Dr. Sandra Kappes, PT, DPT, CLT

PROGRAM

SUPERVISOR:

Katie Goetzinger

FEE:

FREE!

Register early!



PREVENTING HEART DISEASE & STROKE

Participants will learn some of the many causes of heart disease & stroke, risk factors, & ways to prevent these diseases through diet & exercise.

WHO: Ages 18+

WHEN: Thu, MAR 20, 1:00pm-2:00pm

WHERE: Community Center

PRESENTER: Dr. Sandra Kappes, PT, DPT, CLT

PROGRAM SUPERVISOR: Katie Goetzinger

FEE: FREE! *Register early!*

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@oceanpinesassociation

oceanpines.org

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2024 F-150 4X4 SUPERCREW 5.0L V8

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QUEEN OF HEARTS

WEEKLY VIRTUAL DRAWINGS ON TUESDAYS AT 5:30PM

WINNER RECEIVES 60% OF JACKPOT

1	2	3	4	5	6	7	8	9
10	11	12	13	14	15	16	17	18
19	20	21	22	23	24	25	26	27
28	29	30	31	32	33	34	35	36
37	38	39	40	41	42	43	44	45
46	47	48	49	50	51	52	53	54

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opvfd.com

OCEAN PINES RECREATION AND PARKS PRESENTS:

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9 Days, 8-Nights | February 11-19, 2025
with optional 4 days, 3-night Jungle Adventure Pre Tour Extension

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14 Meals • 8 Breakfasts
1 Lunch • 5 Dinners

* RATES VALID ONLY FOR BOOKINGS MADE BEFORE AUGUST 11, 2024. OTHER RATES WILL APPLY AFTER.

FOR MORE INFORMATION CONTACT:

DEBBIE DONAHUE
OCEAN PINES RECREATION & PARKS
410-641-7052 OR EMAIL
DDONAHUE@OCEANPINES.ORG

WEBSITE: [HTTPS://GATEWAY.GOCOLLETTE.COM/LINK/1240209](https://gateway.gocollette.com/link/1240209)

EXPERIENCE A TROPICAL PARADISE!

SPECIAL EVENTS



Fall FLEA MARKET

Sat, SEP. 21 • 8am-12pm (rain or shine)
White Horse Park & Community Center

It's time to make room for the holiday gifts & make a little holiday spending cash. The market welcomes gently used clothing items, toys, collectibles, jewelry & many other items. All spaces include one 8 ft. table & 2 chairs (indoor & outdoor). Stop by, take a look at the layout, choose your location & get registered. Spaces go fast, so don't wait! Register by calling 410-641-7052.

Spaces are \$15 for residents & \$20 for non-residents.

EVENT SUPERVISOR: Debbie Donahue

ADMISSION FEE: FREE to Shoppers!

Family Fun Night! BINGO

Fri, SEPT. 27 • 6pm-8pm • Community Center

BINGO! Bring your family & have a blast! Play BINGO, win prizes & spend quality time together. No cash prizes, this is Family FUN night. First game begins at 6pm & last game at 7:45pm. Parents are requested to play the games with their children. Food & drink welcome. Ice cream will be sold.

WHO: All family & friends welcome!

EVENT SUPERVISOR: Katie Goetzinger

ADMISSION FEE: \$2/player

Volunteers needed! Donations accepted!

PUP OF THE PINES

Photo Contest

2024 Winner Huckleberry!



"My name is Huckleberry. I am a Golden Retriever and am the 2024 'Pup of the Pines!'"

I enjoy all of the amenities that Ocean Pines has to offer, from scenic walks on the trails, fetch in the park, to the finest of yappy hours at the Yacht Club."

Check out my Instagram: itsagoldenpawty

As 'Pup of the Pines', Huckleberry receives a free 2024 Ocean Pines Dog Park registration. He is also the official face of the dog park for 2024 and will be featured in the Ocean Pines Activity Guide and other postings throughout the year.

From Sept. 1 to Oct. 26

Ocean Pines pet parents can enter their pup(s) for a \$5/dog entry fee.

Official entry forms are available at the Community Center. The top 8 pups will be on display at the Ocean Pines Halloween celebration. Attendees at the event will be able to vote for their favorite. The winner will be announced at the Hometown Christmas Tree Lighting in November.

Quilters by the Sea Guild of Ocean Pines, MD presents its:

FALL INTO QUILTING 2024 QUILT SHOW

Ocean Pines Community Center
235 Ocean Pkwy, Ocean Pines, MD 21811

Friday, October 11, Noon – 7 p.m.

Saturday, October 12, 9 a.m. – 5 p.m.



Boutique and Fabric sale



Raffle Baskets, Raffle Quilt, and more!

FREE ADMISSION



Oktoberfest in the Pines



Something for Every Age!

Authentic Bavarian dance & music,
performers, food, beverages,
games, crafts & ...& more!

A great way to celebrate & enjoy German culture!

*Bring a chair to watch the performances.
Bring the kids to enjoy a lovely community fall event
& learn the true meaning of Oktoberfest!*

Sun, Oct. 6, 2024 1-6pm
White Horse Park in Ocean Pines

OKTOBERFEST

Sun, OCT. 6 • 1pm-6pm • White Horse Park

Hosted by the Worcester County Chamber of Commerce, this annual event features the Enzian Volkstanzgruppe from Newark, DE. In Germany, Oktoberfest is not considered simply a beer festival, but rather a traditional folk festival for the entire family!

WHO: All are welcome! **ADMISSION FEE:** FREE!

Vendor & sponsorship opportunities available

FOR MORE INFO: visit worcestercountychamber.org or call 410.641.5306 or email kerrie@oceanpineschamber.org.

*Family Fun
Night!*

PUMPKIN PAINTING

**Fri, OCT. 18
6pm-8pm**

Community Center



Bring your own pumpkin or purchase one from us & don't forget to bring your creativity & imagination! All decorations & paint will be provided. (A limited quantity of pumpkins will be available, \$6 each).

WHO: All ages!

EVENT SUPERVISOR: Katie Goetzinger

FEE: OP Resident \$5; Non-Resident \$6

REC. SPECIAL EVENTS

BEWARE! ENTER AT YOUR OWN RISK!

OCEAN PINES
4TH ANNUAL
HAUNTED HOUSE
\$8 PER PERSON
FRIDAY & SATURDAY
OCTOBER 25 & 26
730 - 930PM

Volunteers/actors needed!
Contact Debbie Donahue at 410.641.7052 or
email ddonahue@oceanpines.org

Ocean Pines Recreation & Parks
We Make Life Fun!!!

OCEAN PINES COMMUNITY CENTER

235 Ocean Parkway, Ocean Pines | 410.641.7052 | oceanpines.org



HALLOWEEN FALL FESTIVAL

Sat, OCT. 26 • 11am-2pm • White Horse Park

TRICK OR TREAT! Bring the family for a scary good time! Music will fill the air, as witches & ghosts parade around & play. There will be costume contests, carnival games, face painting, pony rides, a petting zoo & a haunted hayride. Refreshments & candy goodies are just some of the thrills to be had. **Volunteers are needed & appreciated!**

WHO: All ages!

ADMISSION FEE: FREE

EVENT SUPERVISOR: Katie Goetzinger

Donations of bags of individually-wrapped Halloween candy are accepted & greatly appreciated.

REC. SPECIAL EVENTS



WINTER WONDERLAND HOLIDAY & CRAFT FAIR
Sat, NOV. 2 • 9am-3pm
Community Center

Sponsored by the Pine'eer Craft Club. Start your holiday shopping! Browse a large selection of hand-crafted items & great gifts. Kiwanis will be selling breakfast & lunch items. The Pine'eer Craft Club's legendary Bake Sale will also be taking place in the Community Center lobby!

WHO: All ages!

ADMISSION FEE: FREE! Open to the Public!



BE A SANTA TO A SENIOR PROGRAM
Mon, NOV. 4 – Wed, DEC. 2
 Ornaments will be displayed on Christmas trees at the Community Center

Be A Santa To A Senior® Program, sponsored by Home Instead®, has delivered more than 2 million gifts at Christmas nationwide to seniors & community members who are in need. Locally, Home Instead collaborates with agencies like the MAC Area Agency on Aging, Shore Up – Shady Pines Adult Medical Day Services, Diakonia, Station 16 Salisbury Fire & Rescue, Coastal Hospice – Compass Program, Worcester County Dept. of Health, Social Services, Commission on Aging & Atlantic Portable X-Ray to identify seniors & community members who are in need or wouldn't be receiving a gift for Christmas this year. Here's how you can help:

- Anonymously, the Christmas gift wishes of seniors are displayed on ornaments at the Ocean Pines Community Center. The ornaments will be on Christmas trees from Nov. 4–Dec. 2.
- A customer ("Santa") will pull an ornament from the tree & purchase the requested gift. The gift should then be wrapped & the ornament tag attached to the gift.
- Then "Santa" brings the gift back to the original location where the ornament was chosen.
- Home Instead staff will regularly collect gifts & refresh ornaments, as needed. The gifts will then be delivered Dec. 11-20.

Join us in supporting locals in need this time of year! If you have any questions, please call Crystal at Home Instead (410.641.0901) or Ocean Pines Recreation (410.641.7052).

SEND LETTERS TO SANTA
NOV. 25 thru DEC. 20

Santa's Red Mailbox at the Community Center

Ocean Pines is happy to say that Santa chose us again this year to receive letters from all the boys & girls in the neighborhood. So be sure to make your list & check it twice before sending it to Santa. The elves have supplied us with special paper just for Santa's Letters.

Each envelope will come with a little something special & sparkly in them for each child.

Light up the Pines

THIS HOLIDAY SEASON!

Brighten the Ocean Pines Community by registering your home for this **FREE** annual outdoor decorating event.

Register by Dec. 9 to be entered into the drawing to win one of three \$50 bill credits from Choptank Electric Cooperative!

The first 25 homes to sign up will receive Choptank Electric goodies!

REGISTRATION: NOV 20 THROUGH DEC 8

*Homes registered after Dec. 9 will still be added to the online map

HOUSEHOLD PARTICIPANTS:
 SUBMIT NAME, ADDRESS & PHONE NUMBER
 VIA EMAIL TO INFO@OCEANPINES.ORG
 OR BY CALLING 410-641-7717 EXT. 3014

PARTICIPANTS ARE ALSO ASKED TO SUBMIT A PHOTO OF THEIR LIGHTED HOME FOR A SPECIAL HOLIDAY VIDEO

Visit oceanpines.org for an online map of participating homes

FREE EVENT! **OCEAN PINES Cranksgiving**

GIVE BACK TO OUR LOCAL COMMUNITY DURING THE HOLIDAY

SAT., NOVEMBER 23, 2024
 STARTING AT OP YACHT CLUB | MUMFORDS LANDING RD., OCEAN PINES
9AM START

BIKE RIDE  **FOOD DRIVE**


 Ocean Pines Recreation & Parks
 We Make Life Fun!!!

More details at: cranksgiving.org

A fun and safe event for the whole family!

RIDE TO FOOD LION, DOLLAR GENERAL, AND THE OCEAN PINES FARMERS MARKET TO PURCHASE ITEMS FOR DONATION TO "SARAH'S PANTRY" AT THE OCEAN PINES COMMUNITY CHURCH & **DIAKONIA**
 ITEMS WILL BE COLLECTED AT EACH LOCATION

FOR MORE INFORMATION CONTACT OCEAN PINES RECREATION & PARKS AT 410.641.7052 OR EMAIL CRANKSGIVINGOP@GMAIL.COM

RECREATION SPECIAL EVENTS

"A HOMETOWN CHRISTMAS" TREE SPONSOR PROGRAM



Businesses, clubs, neighborhoods, families & individuals are encouraged to sponsor & decorate a tree! Sponsors will have a sign placed at their tree as recognition for participating in this program. Trees range in size from 8-10 ft. Sponsors are responsible for decorating their trees in a theme of their choice. **Fee: Returning Sponsors \$75; New Sponsors \$100.**

To participate, contact Ocean Pines Recreation & Parks at 410.641.7052.



BREAKFAST WITH SANTA

Sat, DEC. 7 • 8am-11am • Community Center

Bring the entire family for a fun morning of food, festivities & photos! Santa will arrive at 8:30am (approx.) & will be available for photos until 11:00am. The menu will consist of pancakes, sausage, juice, milk, coffee, pastries & fruit. Attendees are encouraged to bring an unwrapped gift (toys, games, books etc. for boys or girls), which will be donated to local charities in Worcester County or non-perishable food, which will be donated to Ocean Pines families in need. For more info, call Ocean Pines Recreation & Parks at 410.641.7052.

EVENT SUPERVISOR: Katie Goetzinger

ADMISSION FEE: Breakfast is **FREE** for Ages 3 & under! Ages 4-10 = \$6; Ages 11 & older = \$10. **Purchase photos for a \$5 donation to Ocean Pines Recreation & Parks.**

REINDEER LANE GIFT SHOP

**Sat, DEC. 7
8am-11am
East Room**



At this special Holiday Shop, children ages 12 & under have the opportunity to purchase gifts for their loved ones. All items are sold to kids for \$5 or less. There will be many items to choose from for both kids & adults.

ADMISSION FEE: FREE!

Donations are greatly appreciated. Please bring new or slightly worn items to the Ocean Pines Community Center.

EVENT SUPERVISOR: Katie Goetzinger

Family Fun Night!

New! COOKIE DECORATING

**Fri, DEC. 13 • 6pm-8pm
Community Center**



Let's make Santa the best cookie ever! Bring your creativity & create some festive Christmas cookies! All materials & instruction will be provided.

WHO: Ages 3 - 12

EVENT SUPERVISOR: Katie Goetzinger

ADMISSION FEE: \$8/child



14th Annual

A HOMETOWN CHRISTMAS WITH SANTA IN THE PARK

Sat, NOV. 30 • 6:30pm • White Horse Park

TREE LIGHTING CEREMONY • 6:30pm

The tradition continues! Join us as we welcome the holiday season & "light up the park" at 6:30pm! See the dazzling lights from trees decorated by local businesses, individuals, families, community clubs & neighborhoods. Stroll through the winter wonderland & enjoy the festivities - sip hot cocoa as you admire the beautiful tree decorations, listen to local choir groups sing & welcome Santa Claus into town.

SANTA IN THE PARK • 6:30pm-8:00pm

Here comes Santa Claus... right down Ocean Parkway to White Horse Park! Santa will be ready to listen to all the boys & girls' Christmas wishes.

Photo opportunities available.

PUP OF THE PINES WINNER ANNOUNCED

The winner of the "2025 Pup of the Pines" Dog Photo Contest will be announced.

EVENT SUPERVISOR: Katie Goetzinger

ADMISSION FEE: FREE!

RECREATION SPECIAL EVENTS



photo by Lukas Beck

JOIN US TUESDAY, DECEMBER 10, AT 7PM

VIENNA BOYS CHOIR

Performs Christmas in Vienna



Wiener Sängerknaben
opus3 ARTISTS

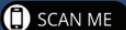
This renowned children's choir, with a six-century legacy, captivates global audiences with their pure tone and charm. The ensemble includes four touring choirs with boys from dozens of nations, performing over 300 concerts annually. "Christmas in Vienna" highlights their unforgettable voices through Austrian folk songs, classical pieces, popular tunes, and holiday favorites.



To order tickets, open your phone and scan the QR code

Tickets: Range from \$40-\$70

PERFORMING ARTS CENTER AT
THE ROLAND E. POWELL
CONVENTION CENTER,
4001 Coastal Hwy., Ocean City, MD



FOR MORE INFO: 410-641-7052

Ocean Pines Community Center | 235 Ocean Pkwy, Ocean Pines, MD 21811 | oceanpines.org

New! 1950s SOCK HOP

Sat, FEB. 1 • 7pm-9pm • Community Center

Join us for a fun night of swinging & dancing. Get your dancing shoes ready & bust a move to some great 50s tunes at this social dance for adults. Light refreshments will be served.

WHO: All ages! Great family fun event!

EVENT SUPERVISOR: Katie Goetzinger

ADMISSION FEE: \$10/person



New! GLAMOUR GIRL DAY SPA

Sat, FEB. 8 • 10am-1pm • Community Center

Join us for a day of Valentine's Day-themed pampering while the The Delaware Learning Institute of Cosmetology students style your hair, make up & nails. Get all dolled up for glamour shots. Children will also participate in a craft. Light snacks also provided.

WHO: Girls ages 4-12

EVENT SUPERVISOR: Katie Goetzinger

FEE: OP Resident \$20; Non-Resident \$25



Spring FLEA MARKET

Sat, APRIL 5 • 8am-12pm (rain or shine)

White Horse Park & Community Center

SPRING CLEANING! The market welcomes gently used clothing items, toys, collectibles, jewelry & many other items. All spaces include one 8 ft. table & 2 chairs (indoor & outdoor). Stop by, take a look at the layout, choose your location & get registered. Spaces go fast, so don't wait! Register by calling 410-641-7052.

Spaces are \$15 for residents & \$20 for non-residents.

EVENT SUPERVISOR: Debbie Donahue

ADMISSION FEE: FREE to Shoppers!



RENT SPACE FOR YOUR EVENT!

Several Meeting Rooms • Community Center Kitchen
Community Center Gym • Manklin / Huntington Field
White Horse Park Pavilion • Pintail Park

Softball, baseball, basketball, tennis, pickleball & platform courts are also available. Sports equipment available: bocce ball sets, horseshoes, shuffleboard & more!

For more info or to apply for a rental, contact Recreation & Parks at 410.641.7052 rec@oceanpines.org.

RECREATION SPECIAL EVENTS

BREAKFAST WITH THE EASTER BUNNY

Sat, APRIL 12 • 8am-11am • Community Center

Bring the entire family for a morning of food, festivities & photos! The Easter Bunny will arrive at approximately 8:15am & will be available for photos until 11am.

The menu will consist of pancakes, sausage, eggs, pastries, fruit, juice, milk & coffee.

WHO: All ages!

EVENT SUPERVISOR: Katie Goetzinger

ADMISSION FEE: Breakfast is FREE for ages 3 & under! Ages 4-10 = \$6; Ages 11 & older = \$10. Purchase photos with the Easter Bunny for a \$5 donation to Rec. & Parks.



EASTER SPRING CELEBRATION & EASTER EGG HUNT

Sat, APRIL 19 • 11am-2pm • White Horse Park Pavilion

Come celebrate Easter & spring in White Horse Park! Enjoy pony rides, face painting, carnival games, bounce houses & food! *Volunteers are needed to help with this event & assist with egg hunts. If interested, please call 410.641.7052.*

EASTER EGG HUNT • starts 11:30am

Kids (up to age 10) can join Buggy O'Hare in a hunt for Easter eggs. Egg hunt times: ages 1-3: 11:30am, ages 4-6: 12pm, ages 7-10: 12:30pm.

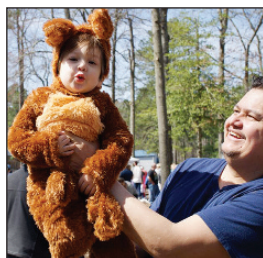
EASTER BONNET PARADE CONTEST • 1pm

Kids (up to age 10) can bring their decorated Easter bonnet for a chance to win a prize bag full of Easter goodies!

WHO: All ages! Great family fun event!

EVENT SUPERVISOR: Katie Goetzinger

ADMISSION FEE: FREE (individually-wrapped candy donations accepted - please bring to Community Center)



BIG TRUCK DAY

Sat, APRIL 26 • 11am-2pm

Open Field Between

Veterans Memorial Park & Sports Core Pool

A great family event! This year will feature tow trucks, fire trucks, dump trucks, tractor trailers & more. All trucks include all safety features. Food will be available for purchase. *Interested in displaying your big truck? Contact Katie at kgoetzinger@oceanpines.org or 410.641.7052.*

ADMISSION FEE: FREE!

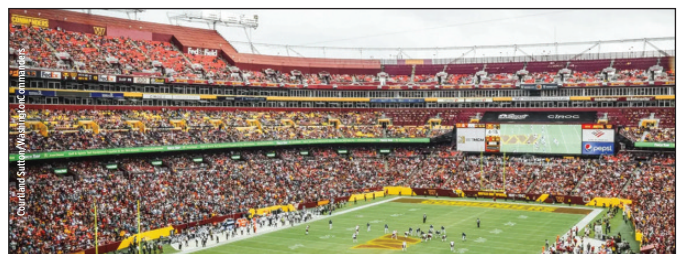
EVENT SUPERVISOR: Katie Goetzinger

BUS TRIPS

Get Away for the Day!

Don't risk disappointment - register early! Call 410.641.7052

PLEASE NOTE: The bus will pick up and drop off at the Ocean Pines Community Center. Meals are independent unless otherwise noted. **NO REFUNDS WILL BE ISSUED FOR BUS TRIPS UNLESS WE ARE ABLE TO FILL YOUR SEAT.** Ocean Pines is not responsible for any loss, cost, injury, expense or damage to you or your property incurred in connection with any trip. We suggest that you do not leave any personal belongings on the bus while you are at your destination. Ocean Pines assumes no responsibility for loss or damage. All rates are per person and are subject to change. Due to pandemic uncertainties, all recreation events, activities & trips are subject to change. **No alcohol or glass containers are permitted on the bus. An adult must accompany anyone under age 18.**



COMMANDERS VS. GIANTS

(Commanders Field, Prince George's County, MD)

Sun, SEP 15

Come to Commanders Field & catch the **2024 HOME OPENER** vs. their division rival, the New York Football Giants! See Jayden Daniels light up the field! Bask in the glory of new owner Josh Harris & root on the new & improved Washington Commanders! **Wear walking shoes!**

DEPART COMMUNITY CENTER: 8:30am

GAME TIME: 1:05pm

TRIP SUPERVISOR: Kevin Powell

FEE: \$135/person (includes transportation & game ticket)

*All logos, trademarks, servicemarks, artwork and publicity photos are the property of their respective owners.

BUS TRIPS

NEW YORK FOR THE HOLIDAYS

(New York City, NY)

Sat, DEC. 7



Everyone loves New York at Christmas! And what better way is there to travel than when someone else does the driving. Join Ocean Pines for a day in New York.

See a show, shop, ice skate or just sightsee.

The choice is yours! **Wear walking shoes!**

We'll make a quick food stop on the way home along the turnpike.

DEPART COMMUNITY CENTER: 5:30am
(we'll stop for a fast food breakfast)

TIME IN NYC: approx. 10am-6:30pm

TRIP SUPERVISOR: Debbie Donahue

FEE: \$85/person (includes transportation only)

The Hippodrome Theatre presents

ANNIE

(Baltimore, MD)

Sun, JAN. 12



Holding onto hope when times are tough can take an awful lot of determination. Little Orphan Annie has reminded generations of theatergoers that sunshine is always right around the corner, & now the best-loved musical of all time is set to return in a new production — just as you remember it & just when we need it most. This celebration of family, optimism & the American spirit remains the ultimate cure for all of life's hard knocks.

DEPART COMMUNITY CENTER: 9:30am

SHOWTIME: 1:00pm

TRIP SUPERVISOR: Katie Goetzinger

FEE: \$130/person (includes transportation & show ticket)

We've partnered with Regal Entertainment Group for

DISCOUNT MOVIE TICKETS

to Regal Cinema at The Centre at Salisbury

Buy tickets at the Community Center for \$10 each instead of paying full price at the theater. Premiere Movie Tickets are valid for all films & showtimes.

Tickets never expire & are good at any Regal Cinema in the country. Except for 3D RPX movies, there is no additional upcharge at box office. **For more info, call 410.641.7052 or visit the Community Center.**



PHILADELPHIA FLOWER SHOW

(Philadelphia Convention Center)

Sun, MARCH 1



Make plans for you & your friends and family to join us! This is such an amazingly beautiful event! Acres of unmatched floral gardens & landscape designs, with unique plants & artistic pieces. The event offers great shopping opportunities, live music, roaming entertainment & some learning opportunities. Plus, if you want some authentic Philadelphia market food, the Reading Terminal will be open & is just one block away from the show.

We'll make a quick food stop on the way home.

DEPART COMMUNITY CENTER: 8:30am

TRIP SUPERVISOR: Katie Goetzinger

FEE: \$80/person (includes transportation & show ticket)

A DAY IN PHILLY

(Philadelphia, PA)

Fri, MARCH 28



Spend the day in the city of brotherly love! For history buffs, we recommend visiting Independence Hall, where both the Declaration of Independence & U.S. Constitution were signed. For those interested in getting something good to eat, we suggest visiting Reading Terminal Market with an incredible selection of locally-grown & exotic produce, locally-sourced meats, plus the finest seafood, cheeses, baked goods & confections. **Wear walking shoes!**

DEPART COMMUNITY CENTER: 7:00am

TIME IN PHILLY: approx. 10am-4pm
(bus will drop us off at Independence Visitor Center)

TRIP SUPERVISOR: Katie Goetzinger

FEE: \$55/person (includes transportation only)

A DAY IN D.C.

(Washington, DC)

Fri, APRIL 18



Spend the day walking the beautiful National Mall. Visit one of the many educational museums. Explore the tidal basin in a paddle boat. The day is yours to explore our nation's Capital. **Wear comfortable walking shoes!**

DEPART COMMUNITY CENTER: 7:00am

TIME IN D.C.: approx. 10am-4pm

TRIP SUPERVISOR: Katie Goetzinger

FEE: \$55/person (includes transportation only)

OCEAN PINES FACILITY RENTALS

We Have the Perfect Space for Your Event Needs!

*Birthday Parties, Graduation Parties, Bridal Showers,
Family Reunions, Meetings, Company Events or other Special Occasions*

Ocean Pines Recreation & Parks manages the rental & reservations of the community's facilities ... from meeting rooms, parks, & outdoor picnic facilities to gazebos, ball fields & tennis courts ... one is bound to suit your needs! Looking for a field or court? **We have softball & baseball fields, plus, basketball, pickleball, tennis & platform tennis courts for use.** We also provide sports equipment for rent such as bocce ball sets, horseshoes & shuffleboard equipment. **For more info or to apply for a rental, call us at 410.641.7052. TO RESERVE A POOL PARTY, CALL THE SPORTS CORE POOL AT 410.641.5255.**

GROUP	ASSATEAGUE MEETING ROOM	DEP.	COMMUNITY CTR. KITCHEN	DEP.	FOULTZ MEETING ROOM	DEP.	EAST MEETING ROOM	DEP.	MANKLIN / HUNTINGTON FIELD	WHITE HORSE PARK PAVILION	DEP.	PINTAIL PARK	DEP.
Community Organization	No Charge	\$0	No Charge	\$0	No Charge	\$0	No Charge	\$0	Call 410.641.7052	No Charge	\$0	No Charge	\$0
OP Resident/ Property Owner	\$50/hr 1/2 Day (6 hrs) \$250 Full Day (10 hrs) \$400	\$100	\$30/hr 6+ hrs / \$130	\$200	\$35/hr 1/2 Day (6 hrs) \$160 Full Day (10 hrs) \$300	\$50	\$30/hr 1/2 Day (6 hrs) \$130 Full Day (10 hrs) \$230	\$50	Call 410.641.7052	\$25/hr 1/2 Day (6 hrs) \$100 Full Day (10 hrs) \$200	\$50	\$10/hr 1/2 Day (6 hrs) \$40 Full Day (10 hrs) \$80	\$50
Non-Resident	\$65/hr 1/2 Day (6 hrs) \$340 Full Day (10 hrs) \$440	\$200	\$50/hr 6+ hrs / \$250	\$200	\$50/hr 1/2 Day (6 hrs) \$250 Full Day (10 hrs) \$350	\$100	\$45/hr 1/2 Day (6 hrs) \$220 Full Day (10 hrs) \$320	\$100	Call 410.641.7052	\$35/hr 1/2 Day (6 hrs) \$160 Full Day (10 hrs) \$260	\$100	\$25/hr 1/2 Day (6 hrs) \$100 Full Day (10 hrs) \$200	\$100
Non-Profit Organization	\$60/hr 1/2 Day (6 hrs) \$310 Full Day (10 hrs) \$410	\$200	\$40/hr 6+ hrs / \$190	\$200	\$45/hr 1/2 Day (6 hrs) \$220 Full Day (10 hrs) \$320	\$100	\$40/hr 1/2 Day (6 hrs) \$190 Full Day (10 hrs) \$290	\$100	Call 410.641.7052	\$30/hr 1/2 Day (6 hrs) \$130 Full Day (10 hrs) \$230	\$100	\$20/hr 1/2 Day (6 hrs) \$110 Full Day (10 hrs) \$210	\$100
Business (for profit)	\$70/hr 1/2 Day (6 hrs) \$370 Full Day (10 hrs) \$470	\$200	\$60/hr 6+ hrs / \$300	\$200	\$55/hr 1/2 Day (6 hrs) \$280 Full Day (10 hrs) \$380	\$100	\$50/hr 1/2 Day (6 hrs) \$250 Full Day (10 hrs) \$350	\$100	Call 410.641.7052	\$40/hr 1/2 Day (6 hrs) \$190 Full Day (10 hrs) \$290	\$100	\$50/hr 1/2 Day (6 hrs) \$130 Full Day (10 hrs) \$230	\$100

For pricing & deposit required for reserving the **COMMUNITY CENTER GYMNASIUM**, call 410.641.7052.

Ocean Pines Recreation & Parks Facility Rental Policies:

- There is a \$30 additional charge for use of ballfield lights.
- The Board of Directors and Ocean Pines departments have first priority.
- Reservations are taken on a first-come, first-served basis and will be accommodated as space allows. Inquires are held for 1 week only.
- A deposit must be given at the time of reservation. The deposit is separate from your rental fee and is returned after your event if the room rented is left in a satisfactory manner.
- **Rental fees must be paid at least 1 week prior to your event.**
- Deposits are returned in 7-10 days after the rental.
- No rental is guaranteed until all required paperwork is submitted and deposits are paid.

Celebrate Your Special Day!

at the Ocean Pines Community Center

*Play your favorite games
or favorite sports or
dance away the day!*

**Spacious, private party room
& gym are available for rent.
Sports equipment & a speaker
for music are also available.**

\$50 refundable deposit due at booking. Parties & party rooms are booked at least 2 weeks in advance & are based on availability.

Ocean Pines
Recreation & Parks



We Make Life Fun!!!



For more info or to book your event, contact Rec. & Parks Dept. – 410.641.7052 • rec@oceanpines.org



OCEAN PINES, MARYLAND

FALL 2024-
WINTER 2025

Aquatics

ACTIVITY GUIDE



Special Events! Halloween Swim, Swim with Santa, Easter Egg Hunt & Pool Party, Valentine Swim pg. 29

New! Bike / Tramp, Evening Water Aerobics pg. 31-32

For Kids! Junior Lifeguard Program pg. 32

Group Swim Lessons pg. 33-34

Swim Team Prep Training pg. 34



SPORTS
CORE: 410.641.5255 OceanPines.org





OCEAN PINES AQUATICS

DAILY FEES

Ocean Pines Residents / Property Owners:

Adult (ages 18+) = \$10 • Child (ages 5-17) = \$8
Age 4 & under = Free

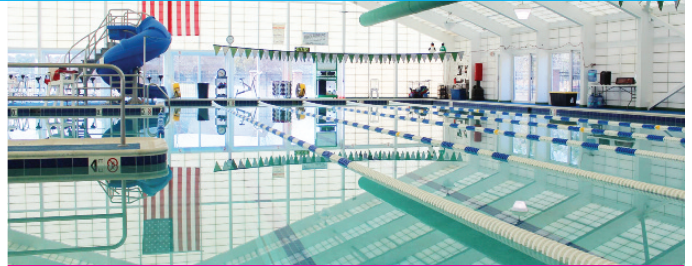
Non-Residents: Adult (ages 18+) = \$15

Child (ages 5-17) = \$13 • Age 4 & under = Free

Twilight Swim: Resident = \$4 • Non-Resident = \$6
(check specific pool for days & times)

POOL DIRECTORY

Pools close during thunder and/or lightning including the indoor Sports Core Pool. **All pool hours are contingent upon staff availability.**



Important Holiday & Special Event Dates

Aug. 19–Sept. 2: Closed for Cleaning & Maintenance
Nov. 27: Closing early at 2:00pm for Thanksgiving Eve
Nov. 28: Closed for Thanksgiving
Dec. 24–25: Closed for Christmas Eve & Christmas
March 3–7: Closed for Pool Cleaning

YEAR-ROUND! SPORTS CORE POOL

11144 Cathell Rd. • 410.641.5255

PRIVATE PARTIES AVAILABLE!

INDOOR! Large inside & outside sun decks, waterslide, changing areas with showers

Lap Swim & Classes: Mondays-Fridays
6am-8am (Early Bird Lap Swim & memberships only)
8am-10am (classes & memberships only)

Recreation Swim (open to the public):
Mon-Thu 10am-7pm • Fri 10am-6pm
Sat 10am-5pm • Sun 10am-3pm



SEASONAL

BEACH CLUB POOL

49th–50th St. Oceanfront, Ocean City

ON THE BEACH IN OC! Volleyball, restaurant w/ beach eats & kids menu, 2 private parking lots, changing areas w/ showers, locker rooms

Closes, Mon, Sept. 2 at 6pm for the season



SEASONAL

MUMFORD'S LANDING POOL

7351 Yacht Club Dr. • 410.208.6005

OVERLOOKS OCEAN CITY SKYLINE! Zero-entry tot pool, large deck, changing areas w/ showers

Closes, Mon, Sept. 2 at 6pm for the season



SEASONAL

SWIM & RACQUET CLUB POOL

10 Seabreeze Rd. • 410.641.7227

BAYFRONT FAMILY POOL! Splash pad, mushroom rain drop, changing areas w/ showers

Closes, Mon, Sept. 2 at 6pm for the season



SEASONAL

YACHT CLUB POOL

1 Mumford's Landing Rd.

OVERLOOKS ISLE OF WIGHT BAY! Changing areas w/ showers, tiki bar, full-service marina w/ dining facilities

Closes, Mon, Sept. 2 at 6pm for the season
(open at 8am-10am for swim members only)
Sept. 14-15 10am-6pm*
(*staff permitting)

REGISTRATION

Phone: 410.641.5255. Credit cards accepted.

Mail: Send check (payable to OPA) or credit card info (acct. #, exp. date, security code) to: **Ocean Pines Aquatics**

239 Ocean Parkway, Ocean Pines, MD 21811

Walk-In: Sports Core Pool at 11144 Cathell Road. Cash, checks or credit cards accepted.

Your satisfaction is important to us. A full refund is automatic when classes are already filled or minimum enrollment is not met. Refunds may also be given in the event of unavoidable scheduling conflicts, personal emergencies, or dissatisfaction. All refund requests will be considered on a case-by-case basis and may be prorated. **No refunds or make-ups for missed classes or times when the pools close due to thunder and lightning. Indoor and outdoor pools close for thunder and lightning.** Excluding cancellations, no required refunds for special events, electrical outages, weather events requiring closures & similar unforeseen situations.

Ocean Pines Aquatics reserves the right to cancel aquatics classes or activities due to lack of registered participants, instructor availability, or other circumstances, planned or unplanned. Class prices, dates, times, locations, instructors and description are subject to change.

Aquatics Special Events



SWIM WITH SANTA

Sat, DEC 21

5pm-8pm

Sports Core Pool

Come have an evening of fun & cheer with Santa Claus in the indoor, heated pool. We will also have crafts, music, games & food (available for purchase).

AGES: 12 & under; *Parents must accompany all children 6 & under in pool. Children requiring flotation devices must remain within an arm's reach of their parent/guardian in the pool.*

FEE: Non-Resident \$6, Resident \$8, Swim Member \$10, Non-Swimmer \$2

HALLOWEEN SWIM

Sat, OCT 19 • 5pm-8pm • Sports Core Pool

Come bring your scary self to the Sports Core Pool! Come dressed in your costumes & the best costume gets a free one daily pool pass. There will be Halloween crafts, games, music & food available for purchase. For more information, call the Sports Core Pool, 410-641-5255.

AGES: 12 & under; *Parents must accompany all children 6 & under in pool. Children requiring flotation devices must remain within an arm's reach of their parent/guardian in the pool.*

FEE: Non-Resident \$6, Resident \$8, Swim Member \$10, Non-Swimmer \$2



EASTER EGG HUNT & POOL PARTY

Sat, APRIL 12 • 12pm-3pm
Sports Core Pool

Come swim around & gather as many eggs as you can – treasures inside! Ages will be divided up into time slots. **12:30pm-1:00pm: Floaters** (those who cannot swim on their own & go underwater), **1:15pm-1:45pm: Underwater Swimmers** (ages 5-8, in 3.5 to 4 ft. of water.), **2-2:30pm: Underwater Swimmers** (ages 9 & up, in 3.5 to 12 ft. of water, depends on swimmer). We will also have crafts, music, games & food (available for purchase).

AGES: 12 & under; *Parents must accompany all children 6 & under in pool. Children requiring flotation devices must remain within an arm's reach of their parent/guardian in the pool. Participants may not swim during the egg hunts if it is not their age group.*

FEE: Non-Resident \$6, Resident \$8, Swim Member \$10, Non-Swimmer \$2

VALENTINE SWIM

Sat, FEB 15 • 5pm-8pm • Sports Core Pool

Come swim the special night away with those that mean the most to you! Have a fun & relaxing time that involves swimming, crafts, games, music & food (available for purchase), along with a Hersey Kiss guess contest!

AGES: 12 & under; *Parents must accompany all children 6 & under in pool. Children requiring flotation devices must remain within an arm's reach of their parent/guardian in the pool.*

FEE: Non-Resident \$6, Resident \$8, Swim Member \$10, Non-Swimmer \$2

OPEN HOUR

POOL PARTIES
IN OCEAN PINES, MARYLAND

\$250
For 2 hours & up to 25 guests max.

SPORTS CORE POOL - INDOOR
SATURDAYS 11A.M.-1P.M.

Includes: 3 to 4 lifeguards on staff for 25 guests or less.
Party area provided with 2 long rectangular tables & 5 saved tables (4 chairs at each table)
Bring food & drinks (NO glass containers, NO alcohol)

Fees must be paid in full 30 days prior to event

Call Sports Core Pool for all party information and scheduling!
410.641.5255

OCEAN PINES AQUATICS



AQUATICS CLASSES

Ocean Pines Aquatics reserves the right to cancel aquatics classes or activities due to lack of registered participants, instructor availability, or other circumstances, planned or unplanned. Class prices, dates, times, locations, instructors and description are subject to change.

EARLYBIRD LAP SWIM

6 weeks of lap swimming or do your own thing in the deep end! **Note: Lane sharing is expected & encouraged!**

WHEN: MON-FRI, 6:00am-7:50am 30 classes (6 weeks)

SEP 3 - OCT 11

OCT 14 - NOV 22

NOV 25 - JAN 3 No Class 11/28, 12/24-12/25

JAN 6 - FEB 14

FEB 17 - APR 4 No Class 3/3-3/7

APR 7 - MAY 16

POOL: Sports Core

FEE: Swim Member, free OP Resident \$65; Non-Resident \$78; **Drop-in:** Swimmer \$8. **Pay lifeguard on duty.**

STRENGTH & TONE

This high-intensity, total-body workout combines cardio fitness with strength toning using trampolines & hydrocycles to achieve results. **Please show up 10 min. prior to class time to set up your station. Water shoes must be worn & can be purchased at Sports Core if you do not have your own. 7 registered participants required for session.**

WHEN: MON / WED, 9:00am-9:45am 12 classes (6 weeks)

SEP 4 (Wed.) - OCT 14 (Mon.)

OCT 21 - DEC 4 No Class 11/25, 11/27

DEC 16 - JAN 29 No Class 12/25, 1/1

FEB 10 - MAR 26 No Class 3/3-3/7

POOL: Sports Core

INSTRUCTOR: Jen Kauffman

FEE: Swim Member \$59; OP Resident \$66; Non-Resident \$80; **Drop-in:** Swim Member \$6; OP Resident \$7; Non-Resident \$8

TOTAL BODY FITNESS I & II

This full-body workout includes a combination of cardio, kick-boxing, dance & Tabata. We'll focus on building lean muscles while burning calories. High-energy & super FUN! **7 registered participants required for session..**

TOTAL BODY FITNESS I

WHEN: MON / WED, 10:00am-10:45am 12 classes

SEP 4 (Wed) - OCT 14 (Mon)

OCT 21 - DEC 4 No Class 11/25, 11/27

DEC 16 - JAN 29 No Class 12/25, 1/1

FEB 10 - MAR 26 No Class 3/3-3/7

TOTAL BODY FITNESS II

WHEN: TUE / THU, 9:00am-9:45am 12 classes

SEP 3 - OCT 10

OCT 22 - DEC 3 No Class 11/26, 11/28

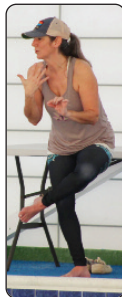
DEC 17 - JAN 30 No Class 12/24, 12/31

FEB 11 - MAR 27 No Class 3/3-3/7

POOL: Sports Core

INSTRUCTOR: Jen Kauffman

FEE: Swim Member \$59; OP Resident \$66; Non-Resident \$80; **Drop-in:** Swim Member \$6; OP Resident \$7; Non-Resident \$8



WATER VOLLEYBALL

A fast-growing & fast-paced group exercise that is competitive, gentle on the joints & FUN! This full-body workout is a great way to improve hand-eye coordination & overall fitness. Great for all ages!

WHEN: MON 12 classes (6 weeks)

TIME: 2:00pm-3:30pm

thru SEP 2 No Class 8/19-9/2

SEP 16 - OCT 21

NOV 4 - DEC 9

DEC 23 - JAN 27

FEB 10 - MAR 24

APR 7 - MAY 12

POOL: Sports Core

FEE: Swim Member \$30; OP Resident \$35; Non-Resident \$45; **Drop-in:** Swim Member \$6; OP Resident \$7; Non-Resident \$8



AQUA YOGA

This super low-impact class makes it possible for those with joint pain to improve their strength, flexibility & range of motion. The buoyancy of the water allows the muscles to relax & be stretched & strengthened with less incidence of injury. **7 registered participants required for session.**

WHEN: WED / FRI 12 classes (6 weeks)

TIME: 8:00am-8:45am

SEP 4 - OCT 11

OCT 23 - NOV 29

DEC 11 - JAN 22 No Class 12/25

JAN 29 - MAR 14 No Class 3/3-3/7

MAR 26 - MAY 2

POOL: Sports Core

INSTRUCTOR:

Chrissy Ehrhart,

Certified Yoga Instructor

FEE: Swim Member \$60; OP Resident \$70; Non-Resident \$86; **Drop-in:** Swim Member \$6; OP Resident \$7; Non-Resident \$8



BOOTCAMP

This intense fitness class is boosted by the benefits of water resistance with the bonus of little to no impact on joints. Never the same class twice, each workout features weight & resistance training, cardio & an instructor who is retired Army. **5 registered participants required for session.**

WHEN: MON / WED 12 classes (6 weeks)

TIME: 6:00pm-6:45pm

SEP 4 - OCT 14

OCT 21 - NOV 27

DEC 9 - JAN 20 No Class 12/24

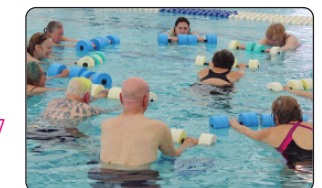
JAN 27 - MAR 12 No Class 3/3-3/7

MAR 24 - APR 30

POOL: Sports Core

INSTRUCTOR: Maria Love, AFPA Certified Aquatic Instructor

FEE: Swim Member \$40; OP Resident \$47; Non-Resident \$58; **Drop-in:** Swim Member \$6; OP Resident \$7; Non-Resident \$8





AQUATICS CLASSES



SWIMMIN WIMMIN

Our longest-running water aerobic class! Start your day using the resistance of the water to reshape bodies, improve balance & increase bone density – all among friends. Use noodles, foam barbells & other resistance aids to strengthen your body & mind. **Men are welcome & encouraged to attend!**

SHALLOW WATER

WHEN: MON / WED / FRI, 8:00am–8:50am 18 classes

AUG 5 – SEP 13 Class at S&R 8/19–9/20 **Instructor:** Kathy Emmert
SEP 16 – OCT 25 **Instructor:** Kathy Emmert
OCT 28 – DEC 6 **Instructor:** Kathy Emmert
DEC 9 – JAN 17 No Class 12/25 **Instructor:** Kathy Emmert
JAN 20 – FEB 28 **Instructor:** Kathy Emmert
MAR 10 – APR 18 **Instructor:** Kathy Emmert

DEEP WATER

WHEN: MON / WED / FRI, 8:00am–8:50am 18 classes

AUG 5 – SEP 13 Class at S&R 8/19–9/20 **Instructor:** Betsy Wodja
SEP 16 – OCT 25 **Instructor:** Betsy Wodja
OCT 28 – DEC 6 **Instructor:** Betsy Wodja
DEC 9 – JAN 17 No Class 12/25 **Instructor:** Betsy Wodja
JAN 20 – FEB 28 **Instructor:** Betsy Wodja
MAR 10 – APR 18 **Instructor:** Betsy Wodja

POOL: Sports Core

FEE: Swim Member \$55; OP Resident \$65; Non-Resident \$81; **Drop-in:** Swim Member \$6; OP Resident \$7; Non-Resident \$8

CREAKY JOINTS I & II

This minimum-impact class focuses on working all joints to improve balance & flexibility. It is particularly suited for individuals with arthritis or muscular disorders that impair movement & anyone recovering from joint surgery. Those with diabetes must wear water shoes. **5 registered participants required for session.**

CREAKY JOINTS I

WHEN: MON / WED / FRI 18 classes (6 weeks)

TIME: 11:00am–11:50am

SEP 4 – OCT 14
OCT 21 – NOV 29
DEC 9 – JAN 17 No Class 12/25
JAN 27 – MAR 14 No Class 3/3–3/7
MAR 24 – MAY 2



CREAKY JOINTS II

WHEN: TUE / THU 12 classes (6 weeks)

TIME: 11:00am–11:50am

SEP 3 – OCT 10
OCT 21 – DEC 3 (Tue) No Class 11/28
DEC 10 – JAN 16 No Class 12/24
JAN 28 – MAR 13 No Class 3/3–3/7
MAR 25 – MAY 1



POOL: Sports Core

INSTRUCTOR: Edith Vogl, Certified Water Arts Arthritis Instructor
FEE: Creaky Joints I: Swim Member \$60; OP Resident \$70; Non-Resident \$86; **Creaky Joints II:** Swim Member \$44; OP Resident \$54; Non-Resident \$61; **Drop-in:** Swim Member \$6; OP Resident \$7; Non-Resident \$8

New! BIKE / TRAMP

This total-body cardio workout combines hydrocycles & trampolines. **Please show up 10 min. prior to class time to set up your station. Water shoes must be worn & can be purchased at Sports Core Pool if you do not have your own.**

WHEN: FRI, 9:00am–9:40am 12 classes (6 weeks)

AUG 9 – SEP 27 No Class 8/19–8/30

OCT 11 – NOV 15

NOV 22 – JAN 17 No Class 11/29, 12/27, 1/3

JAN 31 – MAR 14 No Class 3/3–3/7

POOL: Sports Core

INSTRUCTOR: Julie Winterling

FEE: Swim Member \$45;

OP Resident \$48; Non-Resident \$50;

Drop-in (depends on equipment availability):

Swim Member \$9; OP Resident \$11; Non-Resident \$13



SHAPE UPS

Fun, total-body workout set to music. We use pool noodles, water jugs & foam barbells & finish with a spirited march!

WHEN: TUE / THU, 8:00am–8:50am 12 classes (6 weeks)

SEP 3 – OCT 10

OCT 22 – DEC 3 (Tue) No Class 11/28

DEC 10 – JAN 21 No Class 12/24

JAN 28 – MAR 13 No Class 3/4–3/7

MAR 25 – MAY 1

POOL: Sports Core

INSTRUCTORS: Mary, Gay, Marge

FEE: Swim Member \$40; OP Resident \$50; Non-Resident \$65; **Drop-in:** Swim Member \$6; OP Resident \$7; Non-Resident \$8



WET WORKS I & II

A fun, lively water exercise class & total-body workout designed to build core strength & improve balance & flexibility using kickboards, noodles, barbells & stretch cords. **Men are welcome & encouraged to attend! 5 registered participants required for session.**

WET WORKS I: DEEP WATER

WHEN: MON / WED / FRI, 9:30am–10:20am 18 classes (6 wk.)

SEP 4 – OCT 14

OCT 21 – NOV 29

DEC 9 – JAN 17 No Class 12/25

JAN 27 – MAR 14 No Class 3/3–3/7

MAR 24 – MAY 2

WORKS II: SHALLOW WATER

WHEN: TUE / THU, 9:30am–10:20am 12 classes (6 weeks)

SEP 3 – OCT 10

OCT 21 – DEC 3 (Tue) No Class 11/28

DEC 10 – JAN 16 No Class 12/24

JAN 28 – MAR 13 No Class 3/3–3/7

MAR 25 – MAY 1

POOL: Sports Core

INSTRUCTOR: Edith Vogl, Certified Water Arts Instructor

FEE: Wet Works I: Swim Member \$60; OP Resident \$70; Non-Resident \$86; **Wet Works II:** Swim Member \$44; OP Resident \$54; Non-Resident \$61; **Drop-in:** Swim Member \$6; OP Resident \$7; Non-Resident \$8

AQUATICS CLASSES

Ocean Pines Aquatics reserves the right to cancel aquatics classes or activities due to lack of registered participants, instructor availability, or other circumstances, planned or unplanned. Class prices, dates, times, locations, instructors and description are subject to change.

HYDRORIDER WATER CYCLING

Hydroriders are user-friendly, in-water cycling bikes that are perfect for any skill level. **Please show up 10 min. early to set up your bike. Water shoes must be worn & can be purchased at Sports Core Pool. Note: Only 15 participants per class. 5 registered participants required for session.**

WHEN: MON / WED, 9:00am-9:40am 12 classes (6 weeks)

AUG 5 - SEP 30 No Class 8/19-9/2 **Instructor:** Julie Winterling

OCT 7 - NOV 13 **Instructor:** Julie Winterling

NOV 18 - JAN 15 **Instructor:** Julie Winterling

No Class 11/25, 11/27, 12/23, 12/25, 12/30, 1/1

JAN 27 - MAR 12 No Class 3/3-3/7 **Instructor:** Julie Winterling

WHEN: TUE / THU, 10:00am-10:40am 12 classes (6 weeks)

SEP 3 - OCT 10 **Instructor:** Jen Kauffman

OCT 22 - DEC 3 No Class 11/26 & 11/28 **Instructor:** Jen Kauffman

DEC 17 - JAN 30 No Class 12/24 & 12/31 **Instructor:** Jen Kauffman

FEB 11 - MAR 27 No Class 3/3-3/7 **Instructor:** Jen Kauffman

POOL: Sports Core

FEE: Swim Member \$90;

OP Resident \$95;

Non-Resident \$100;

Drop-in: Swim Member \$9;

OP Resident \$11;

Non-Resident \$13



New! EVENING WATER AEROBICS

Come join a fun & energetic group of people who get their bodies moving & into shape. They meet every Tuesday & Thursday evening (unless discussed otherwise amongst the group) for this ongoing, drop-in-only class. Great for women & men of all ages!

WHEN: TUESDAYS & THURSDAYS 12 classes (6 weeks)

No Class 11/28, 12/24, 12/31, 3/3-3/7

TIME: 5:15pm-6:00pm

POOL: Sports Core

INSTRUCTOR:

No designated instructor; this is a group-led, self-taught class

FEE: Drop-in only:

Swim Member, free;

OP Resident \$7;

Non-Resident \$8



AQUA YOUTH CLASSES

New! JR. LIFEGUARD PROGRAM

Our Junior Lifeguard Program is an educational, hands-on course designed to teach students the importance of water safety, rescue techniques, teamwork &, most importantly, **FUN!** Your children will have a great experience in learning & practicing lifesaving water skills that they could use in the future. Our program will have them practice their swimming & endurance, water safety skills around all water types, how to help others in case of an emergency, first aid & recognizing an emergency, & a brief introduction to CPR - what it is & why we do it. Have your child work on their water skills when they are off from school! Sign them up today! **Must be a strong swimmer & able to swim length of the pool strong & tread water for 1 minute.**

AGES: 7 & up

WHEN: 11:00am-4:00pm

Dates

Fri, OCT 18

Tue, NOV 5

Mon, JAN 27

Dates

Mon, FEB 17

Fri, APR 4

POOL: Sports Core

INSTRUCTORS: Steve Yarzinsky & team

INCLUDES: Jr. Lifeguard t-shirt & whistle

FEE: OP Resident \$75; Non-Resident \$80



PRIVATE

POOL PARTIES

IN OCEAN PINES, MARYLAND

SPORTS CORE POOL - INDOOR

SATURDAYS 5-7 P.M.

SUNDAYS 3-5 P.M.

Includes: 3 lifeguards for 50 guests or less, full facility to yourself, bring music, bring food & drinks (NO glass containers, NO alcohol)

\$375

For 2 hours & up to 50 guests max.
No deposits, fees must be paid in full 30 days prior to event.

CALL NOW!

410.641.5255

OCEAN PINES AQUATICS | SPORTS CORE POOL
11144 CATHELL RD, OCEAN PINES, MD | OCEANPINES.ORG

GROUP SWIM LESSONS

Ocean Pines Aquatics reserves the right to cancel aquatics classes or activities due to lack of registered participants, instructor availability, or other circumstances, planned or unplanned. Class prices, dates, times, locations, instructors and description are subject to change.

Come enjoy our fun & exciting group swim lessons that are team taught by our instructors at Ocean Pines Aquatics Swim School. We will work on swimming & safety skills!

Babies **Ages 6 to 14 mo.**

WHEN: SATURDAYS

TIME: 9:00am-9:30am

Instructor

OCT 5-NOV 16 No Class 10/19

TBD

DEC 7-JAN 25 No Class 12/28 & 1/4

TBD

FEB 8-MAR 22 No Class 3/8

TBD

POOL: Sports Core

OF CLASSES: 6 (6 weeks)

FEE: Swim Member \$67;

OP Resident \$75; Non-Resident \$85



Toddlers **Ages 14 mo. to 3 yr.**

WHEN: SATURDAYS

TODDLER 1:

for those who DO NOT LIKE water in their face

TIME: 9:40am-10:20am

Instructor

OCT 5-NOV 16 No Class 10/19

TBD

DEC 7-JAN 25 No Class 12/28 & 1/4

TBD

FEB 8-MAR 22 No Class 3/8

TBD

TODDLER 2:

for those who LIKE to get their face in the water

TIME: 10:20am-10:50am

Instructor

OCT 5-NOV 16 No Class 10/19

TBD

DEC 7-JAN 25 No Class 12/28 & 1/4

TBD

FEB 8-MAR 22 No Class 3/8

TBD

POOL: Sports Core

OF CLASSES:

6 (6 weeks)

FEE:

Swim Member \$67;

OP Resident \$75;

Non-Resident \$85



Private Swim Lessons **Ages 3 to Adult**

Are you an adult who never learned how to swim? Nervous of the water?

Want to become a stronger swimmer?

Need or want to work on a skill or goal in swimming?

Have a kid who can't make our arranged time for groups?

We would love to help! We offer private (1 swimmer to 1 instructor) & semi-private (2 or 3 swimmers to 1 instructor) swim lessons for ALL! The duration of each lesson is 30 or 45 minutes; depends on swimmer's age & attention span.

We will schedule you with one of our instructors who will work with your schedule & needs. To register for semi-private lessons, you have to find a swim partner who wants to participate with you.

POOL: Sports Core

FEE: 30-minute private (one-on-one) — \$35 per lesson

45-minute private (one-on-one) — \$50 per lesson

45-minute semi-private (two/three-on-one) — \$50 per lesson split

To schedule your swim lessons or for more info, call the Sports Core Pool at 410.641.5255.



GROUP SWIM LESSONS

Ocean Pines Aquatics reserves the right to cancel aquatics classes or activities due to lack of registered participants, instructor availability, or other circumstances, planned or unplanned. Class prices, dates, times, locations, instructors and description are subject to change.

Monday or Wednesday or Thursday



POOL: Sports Core
OF CLASSES: 6 (6 weeks)
FEE: Swim Member \$67;
 OP Resident \$75;
 Non-Resident \$85

Mondays

WHEN: SEP 23-OCT 28

Ages	Times	Instructor
5-6, 10-12	5:00pm-5:45pm	TBD
3-4, 5-6, 7-9	6:00pm-6:45pm	TBD

WHEN: DEC 9-JAN 27 No Class 12/23, 12/30

5-6, 10-12	5:00pm-5:45pm	TBD
3-4, 5-6, 7-9	6:00pm-6:45pm	TBD

WHEN: FEB 10-MAR 24 No Class 3/3-3/7

5-6, 10-12	5:00pm-5:45pm	TBD
3-4, 5-6, 7-9	6:00pm-6:45pm	TBD

Wednesdays

WHEN: SEP 25-OCT 30

Ages	Times	Instructor
5-6, 9+	5:00pm-5:45pm	TBD
3-4, 5-6	6:00pm-6:45pm	TBD
5-6	6:00pm-6:45pm	TBD

WHEN: DEC 11-JAN 29 No Class 12/25, 1/1

5-6, 10-12	5:00pm-5:45pm	TBD
3-4, 5-6	6:00pm-6:45pm	TBD
5-6	6:00pm-6:45pm	TBD

WHEN: FEB 12-MAR 26 No Class 3/3-3/7

5-6, 10-12	5:00pm-5:45pm	TBD
3-4, 5-6	6:00pm-6:45pm	TBD
5-6	6:00pm-6:45pm	TBD

Thursdays

WHEN: SEP 26-OCT 31

Ages	Times	Instructor
7-9	5:00pm-5:45pm	Ms. Kelly
7-9	6:00pm-6:45pm	Ms. Kelly



Basic Swim Lessons **Ages 7-10**

This class is for those children who are not comfortable in the water & need practice in swimming skills.

WHEN: TUESDAYS, OCT 29-DEC 3 • FEB 4-MAR 25 No Class 3/3-3/7

TIME: 5:30pm-6:15pm POOL: Sports Core INSTRUCTOR: Ms. Becky

OF CLASSES: 6 FEE: Swim Member \$67; OP Resident \$75; Non-Resident \$85

Ocean Pines Swim Team Prep

MONDAYS for Ages 9+

Dates	Times	Instructor
SEP 23-OCT 28	5:00pm-5:45pm	TBD
DEC 9-JAN 27 <small>No Class 12/23, 12/30</small>	5:00pm-5:45pm	TBD
FEB 10-MAR 24 <small>No Class 3/3-3/7</small>	5:00pm-5:45pm	TBD

MONDAYS for Ages 5-6

Dates	Times	Instructor
SEP 23-OCT 28	6:00pm-6:45pm	TBD
DEC 9-JAN 27 <small>No Class 12/23, 12/30</small>	6:00pm-6:45pm	TBD
FEB 10-MAR 24 <small>No Class 3/3-3/7</small>	6:00pm-6:45pm	TBD

Separate from the Ocean Pines Swim Team, this program is to get participants ready that want to compete on the swim team & work on getting them ready to transition over to the OPST in a better swimming condition. **Must be able to swim length of pool with no assistance & show a freestyle- & backstroke-resembling swim.**

WEDNESDAYS for Ages 7-9

Dates	Times	Instructor
SEP 25-OCT 30	5:00pm-5:45pm	TBD
DEC 11-JAN 29 <small>No Class 12/25, 1/1</small>	5:00pm-5:45pm	TBD
FEB 12-MAR 26 <small>No Class 3/3-3/7</small>	5:00pm-5:45pm	TBD

POOL: Sports Core

FEE: Swim Member \$70; OP Resident \$75; Non-Resident \$85

YACHT CLUB

OCEAN PINES, MARYLAND

Restaurant, Bars, Tiki Bar & Fire Pits

Upcoming Events

Every Thursday starting Oct. 3 at 6pm: **TRIVIA NIGHTS**

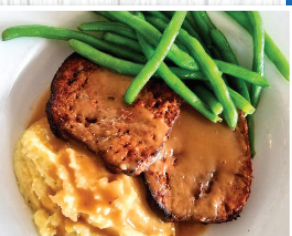
Fri, Oct. 4: **COMEDY NIGHT w/ headliner Johnny Watson**
in the ballroom (ticketed event)

Thu, Oct. 10: **DUELING PIANOS**
in the ballroom (ticketed dinner & a show)

Thu, Oct. 31: **SPOOKTACULAR TIKI CLOSING PARTY**
Costume contests, specials, giveaways & more!

Live Entertainment Every Weekend

- AUG 10 **Radio Hero**
- AUG 11 **Beach Bandits**
- AUG 15 **Clockwork Band**
- AUG 16 **Overtime**
- AUG 17 **Eclipse**
- AUG 18 **Gillian Smith**
- AUG 22 **Mercury Agenda**
- AUG 23 **Breck**
- AUG 24 **The 8 Trax**
- AUG 25 **Breath of Fresh Air**
- AUG 29 **Atomic Light Orchestra**
LABOR DAY WEEKEND!
- AUG 30 **Broken Stil**
- AUG 31 **Tranzfusion**
- SEP 1 **Great Train Robbery**
- SEP 6 **Big House Band**
- SEP 7 **Clockwork**
- SEP 13 **Josh Christina**
- SEP 14 **Kaleidoscope**
- SEP 20 **Mike Hines & The Look**
- SEP 21 **Eclipse**
- SEP 27 **Sons of Pirates**
- SEP 28 **Gillian Smith**



COME HELP BUILD CARE
PACKAGES FOR OUR TROOPS!

AT THE OCEAN PINES
YACHT CLUB!

OCTOBER 13TH
12 NOON



YACHT CLUB
OCEAN PINES, MARYLAND

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BLU
VODKA



DRINK & FOOD SPECIALS | GIVEAWAYS
LIVE ENTERTAINMENT

1 MUMFORD LANDING RD, OCEAN PINES, MD 21811
CONTACT: CHELSEY@MATORTTCOMPANIES.COM FOR MORE INFORMATION



**Ocean Pines
Association, Inc.**
239 Ocean Parkway
Ocean Pines, MD 21811

Ocean Pines Recreation & Parks
410.641.7717 • oceanpines.org

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Ocean Pines Fall & Winter Special Events

SEP 1-OCT 26

**PUP OF THE PINES
PHOTO CONTEST**

SEP 7 DOGGIE SWIM

**SEP 15
BUS TRIP:
COMMANDERS VS. GIANTS**

**SEP 21
FALL FLEA MARKET**

**SEP 27
FAMILY FUN NIGHT BINGO**

**OCT 4
OCEAN PINES PINK RIBBON
PICKLEBALL CLASSIC**

**OCT 6
OCTOBERFEST IN THE PINES**

**OCT 11-12
FALL INTO QUILTING QUILT SHOW**

**OCT 11, 12, 13
OKTOBERFEST PICKLEBALL
TOURNAMENT 2024**

**OCT 13
HELP BUILD CARE PACKAGES
FOR OUR TROOPS**

**OCT 18
FAMILY FUN NIGHT
PUMPKIN PAINTING**

OCT 19 HALLOWEEN SWIM

**OCT 25-26
HAUNTED HOUSE**

**OCT 26
HALLOWEEN FALL FESTIVAL**

**NOV 2
WINTER WONDERLAND HOLIDAY & CRAFT FAIR**

**NOV 4-DEC 2
HOME INSTEAD'S "BE A SANTA TO A SENIOR"**

**NOV 20-DEC 8
LIGHT UP THE PINES**

NOV 23 CRANKSGIVING

**NOV 25-DEC 20
SEND LETTERS TO SANTA**

**NOV 30
A HOMETOWN CHRISTMAS**

**DEC 7
BUS TRIP: NYC**

**DEC 7
BREAKFAST WITH SANTA**

**DEC 7
REINDEER LANE GIFT SHOP**

**DEC 10
VIENNA BOYS CHOIR PERFORMS
"CHRISTMAS IN VIENNA"**

**DEC 13
FAMILY FUN NIGHT
COOKIE DECORATING**

DEC 21 SWIM WITH SANTA

**JAN 12
BUS TRIP: "ANNIE"**

**FEB 1
1950s SOCK HOP**

**FEB 8
GLAMOUR GIRL DAY SPA**

**FEB 11-19
VACATION: COSTA RICA**

FEB 15 VALENTINE SWIM

**MAR 1
BUS TRIP: PHILLY FLOWER SHOW**

MAR 28

BUS TRIP: A DAY IN PHILLY

**APR 5
SPRING FLEA MARKET**

**APR 12
BREAKFAST WITH THE EASTER BUNNY**

APR 12 EASTER EGG HUNT & POOL PARTY

**APR 18
BUS TRIP: A DAY IN D.C.**

**APR 19
EASTER SPRING CELEBRATION
& EASTER EGG HUNT**

**APR 26
BIG TRUCK DAY**



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