

ACORN SQUASH WITH SAUSAGE AND APPLE STUFFING

Chef@Market: Maggie Haren

September 30, 2017

corn Squash is another of one of the delicious Fall Season squashes that most people love! Here is a recipe to make a savory stuffing that can be a complete meal because we've included sausage in the stuffing!

1 Acorn Squash, cut in half across the middle

Olive Oil Salt & Pepper

½ lb Ground pork sausage 1 smalll Onion, finely chopped

Celery Stalks, finely chopped

1 Apple, diced

1/4 tsp Sage (or your favorite herbs–try Rosemary)1/2 cup Panko Bread Crumbs or small croutons

1/2 cup Parmesan Cheese, divided



- 1. Preheat oven to 400 degrees.
- 2. Using a sharp knife cut off each end of the acorn squash removing as little as possible, then cut in half.
- Spoon out seeds.
- 4. Brush olive oil inside and on top of Acorn Squash.
- 5. Sprinkle salt and pepper over Acorn Squash to taste.
- 6. Bake for 40 minutes to an hour depending on size of your squash until tender and you can pierce with a fork, but still holding its shape. Do not over bake as it will bake again for another 15 minutes.
- 7. While the squash is baking begin sautéing the sausage until it's done but not too brown. Drain on a paper towel to remove as much fat as possible, however, reserve fat left in skillet.
- 8. Using the fat left from the sausage add diced onions and celery to the pan and sauté for 2-3 minutes until it starts to brown lightly. (add olive oil if necessary)
- 9. Add diced apples and sauté for another 2 minutes or until slightly softened.
- 10. Stir in sage and bread crumbs.
- 11. Add 3/4 cup parmesan cheese and stir until cheese begins to melt. Set aside.
- 12. Once squash has finished baking and reached desired tenderness fill squash halves with as much filling as will fit. Extra stuffing, if any, can be baked in a small buttered dish next to the squash.
- 13. Return to the oven and bake an additional 15-20 minutes depending on size of squash.
- 14. Remove from oven and top with remaining parmesan cheese.

Maggie's Notes

- I chose a spicier Chorizo Sausage from <u>Great Expectations Farms</u> over on the other Market Lane in the big white truck! They also have plain sausage and a variety of other meats.
- I used a great big apple from <u>Stag Run Farms</u> and chose one that would not get too mushy during cooking and a second baking.
- The squash and onion were provided by <u>DJ David & Company!</u>
- This same stuffing can be used to stuff a small pumpkin, or even a small spaghetti squash.
- Feel free to use the herbs of your choice such as rosemary or basil, or adjust the amount of sausage and apple you like in your stuffing.
- If you like a "breadier" stuffing, you can use croutons instead of bread crumbs.
- Save the little tops they make a beautiful garnish for serving!