











Aquatics



Ocean Pines Aquatics

Headquarters: 11144 Cathell Road (Sports Core Pool)

Indoor Sports
Core Pool

Yacht Club Pool Swim & Racquet Club Pool

Mumford's Landing Pool Beach Club Pool





Staff









Director of Aquatics Kathleen Cook

Program Supervisor

Organize class schedules, pool areas, class locations, registration procedures, and group and private swim lessons.

Front Desk Coordinators

Front-door greeter and attendee at pools. Collect entrance fees and registration forms and answer questions.

Lifeguards

At least 15 years old. Must have current lifeguard certification recognized and accepted by MD Dept. of Health and Mental Hygiene and CPR/First Aid/AED certifications.

Certified Pool Operator

Maintain water quality according to and above state standards, including required chemical checks every 2 hours during shift.

Class Instructors / Swim Lesson Instructors

Sports Core | 11144 Cathell Road

- Indoor heated pool open year-round
- ☐ Large stepped entry
- ☐ Pool depth 3.5ft-12ft
- ☐ Lap lanes (25yds) and slide
- ☐ Indoor and outdoor sun decks
- ☐ Changing rooms with showers
- ☐ Fitness classes, swim lessons and parties
- ☐ Snacks and drinks for sale













Yacht Club Pool | 1 Mumford's Landing Road

- ☐ Located next to the Yacht Club
- Bayfront views
- Large stepped entry
- ☐ Two lap lanes (25yds)
- ☐ Poolside food & beverage service
- No outside food/drink (water only)
- No jumping or ball playing
- Open seasonally
- ☐ Changing rooms with showers







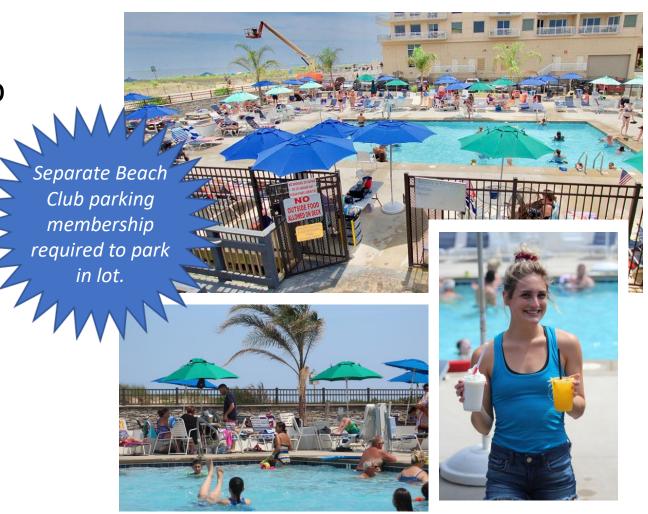




Beach Club | 49th St., Ocean City

- ☐ Located adjacent to the Beach Club
- Oceanside location
- ☐ Pool depth 3ft-5ft
- ☐ No lap swimming
- ☐ Poolside food & beverage service
- ☐ No outside food/drink (water only)
- ☐ Family friendly
- Open seasonally
- ☐ Changing rooms with showers





Mumford's Landing | 7351 Yacht Club Drive

- ☐ Located near the Yacht Club
- ☐ Bayfront location
- ☐ Pool depth 2.5ft-5ft
- ☐ No lap swimming
- ☐ Gated zero-entry baby pool
- ☐ Snacks and drinks for sale
- ☐ Outside food & drinks allowed (no glass)
- Open seasonally
- ☐ Changing rooms with showers









Swim & Racquet | 10 Seabreeze Road

- Waterfront location
- ☐ Pool depth 4ft-12ft
- ☐ 2 lap lanes (25yds)
- Large sundeck
- ☐ Snacks and drinks for sale
- ☐ Outside food & drinks allowed (no glass)
- Open seasonally
- ☐ Changing rooms with showers
- Summer home of the Ocean Pines swim team













Aquatics

Important Pool Rules

Ages under 12 must be accompanied by adult

Belongings left unattended on pool furniture more than 1 hour subject to being moved

Glass, smoking and running not allowed.

Lap lanes are reserved for lap swimming, not recreational swimming.

During high demand, lap swimming may be limited.



Important Pool Rules

Water guns, soakers, balls and certain pool toys may be used at the discretion of the lifeguard. No frisbees.

Individuals wearing floatation devices must be accompanied by an adult in pool, within arm's reach.

Swim diapers required and available free at all pools – no diaper changing on the pool deck!

FEET FIRST, FIRST TIME!



Aquatic Exercise Classes





Trained & Certified Instructors!





Early Bird Lap Swim

Aqua Cross Training

Deep & Shallow Water Swimmin Wimmin

Shape Ups

Aqua Yoga

Hydrorider Aqua Bikes

➤ Total Body Fitness

Wet Works

Creaky Joints

Aqua Boot Camp – Kids & Adults

Water Aerobics

More classes & events found in Ocean Pines Activity Guide. Reduced prices for swim members & OP residents.





Swim Instruction

- Group swim lessons ages 3+ by age and swim level
- Baby and toddler classes ages 6-36 months
- Private (1 swimmer) and semi-private(2 swimmers) lessons available
- Junior Lifeguard Program ages 7+ teaches lifeguard skills in a fun environment!











Special Events



Egg Dive



Princess Tea Parties





Doggie Swim

Swim with Santa

Private Pool Parties

AND MORE!













Public Outreach

☐ 4th Grade Swim Program for Worcester County Students ☐ Training site for Ocean City Beach Patrol ☐ Training site for Ocean City Fire Department ☐ American Red Cross Lifeguard Certification Training Facility ☐ Pool Operator Course/Refresher Course Instructor – One of Three in Worcester County ☐ Angel Tree Program for Area Families in Need



Memberships & Daily Rates

ALL OCEAN PINES POOLS ARE OPEN TO THE PUBLIC!

Individual & Family Memberships ☐ Use of all available Ocean Pines aquatic facilities ☐ Summer ☐ Winter ☐ Year-Round (valid for one year from date of purchase) ☐ Memberships available to purchase at the **Administration Building**

Daily Rates
☐ Use of all available Ocean Pines aquatic
facilities for the entire day (with receipt)
☐ Cash or credit at the door
Adult & child rates
☐ Ages 4 & under are FREE
☐ Daily rate applies to swimmers AND non-
swimmers (non-swimmers at the Sports
Core Pool pay \$3 facility-use fee instead of posted daily rate)



Contact

Email aqua@oceanpines.org

Phone 410-641-5255





All Ocean Pines pools are open to the public! Daily swim drop ins and memberships are available to Ocean Pines residents AND the public.

-Michelle Hitchens Ocean Pines Aquatics Program Supervisor

